

2023 EDITION

The ElderPages



The ElderPages is your one-stop resource for local support services — just for older adults.



Brought to you by the Greater Rochester Area Partnership for the Elderly in partnership with the National Council of Jewish Women, Greater Rochester Section



Organizations



Greater Rochester Area Partnership for the Elderly
100 McAuley Drive, Suite 2000, Rochester, NY 14610
Tel: (585) 256-4351 • grapelder.org

The Greater Rochester Area Partnership for the Elderly (GRAPE) is a not-for-profit membership organization. Our membership consists of professionals, volunteers, students, and other interested persons who serve the older adult population in the Greater Rochester area and aspire to improve the quality of services for them. GRAPE accomplishes this by sharing expertise, knowledge and skills, and by acting as advocates for seniors in ways deemed appropriate by the membership. GRAPE seeks to foster a sense of camaraderie among professionals; provide high-quality education and training; influence social and public policies, and facilitate debate about emerging issues.



National Council of Jewish Women
Greater Rochester Section

National Council of Jewish Women
Greater Rochester Section
P.O. Box 92444, Rochester, NY 14692-0444
ncjwgrs.org

The National Council of Jewish Women (NCJW) is a grassroots organization of volunteers and advocates who turn progressive ideals into action. Inspired by Jewish values, NCJW strives for social justice by improving the quality of life for women, children, and families and by safeguarding individual rights and freedoms.

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The ElderPages

2023 Edition

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Greater Rochester Area Partnership for the Elderly (GRAPE)

Visit TheElderPages.com where you will find the most current information, as well as a direct link to the organization's websites.

Information contained herein and on TheElderPages.com website is based on the information provided to GRAPE by the organizations listed. GRAPE makes no claim as to the accuracy of this information nor to the qualifications or quality of services provided by the organizations or programs represented. A listing in this directory does not constitute an endorsement by GRAPE of the organization or program.

To request additional copies please contact the GRAPE Office at 585-256-4351 or info@grapelder.org.

The purpose of *The ElderPages*

This guide provides a basic compilation of information on resources available in the Greater Rochester area for older adults and caregivers, such as housing options, home support services, insurance, transportation, and more.

We do not intend this directory to be the sole source of information when selecting services, nor do we claim to include every resource available in the area. However, it can serve as an unbiased starting point for research to make it easier for families to navigate what can be a difficult process.

How to use this guide

The Table of Contents lists general categories of services with their subcategories. Reading it will give you an idea of the services that may assist you. A definition of the service heads the list if needed.

Once you find the service you require, make a list of your questions, and contact several agencies for information. As you make calls, you may develop

more questions to include in your search. You have a right to all the information you need to be the best advocate for yourself or a loved one.

This directory is available online at theelderpages.com and can link you directly to descriptions and websites for all resources listed.

In-home services

Today, older adults prefer to remain in their own home for if possible. Care providers respond to this preference with a variety of services, such as home

health care, housekeeping, companion care, meal preparation, and more.

Community resources

Beyond home care services, other professionals and organizations provide services to support, educate, and guide older adults. Examples include

disease-related associations, support groups, elder law attorneys, financial managers, care managers, housing professionals, and more.

★ This symbol indicates this service is available or located in the City of Rochester zip codes: 14604, 14605, 14606, 14607, 14608, 14609, 14611, 14613, 14614, 14619, 14620, 14621.

How do I get started?

1. Begin with a professional evaluation of the person's medical, social, emotional, and functional situation. If hospitalized, begin with the hospital's social work department for a safe and effective discharge plan.
2. In the community, reach out to the primary care physician, as well as geriatric care managers or senior services specialists. Based on their evaluation, they may provide information and referrals, and some provide ongoing services. Interview them to determine that their skills match your needs, and ask about their qualifications.
3. Turn to family and friends because, as a caregiver, you have limits. Plan a family conference that includes the older adult. Listen to one another and prioritize problems and mutual concerns. Discuss the various care-giving responsibilities and how to distribute those tasks. No one person can do everything. Do not try to do everything at once. Understand that the older adult may not see there are problems and may not cooperate.
4. Every adult needs an updated will, durable power of attorney (DPOA), and a health care proxy. Review insurances and other benefits annually. Seek legal and financial advice to design a plan suitable for you.
5. No one knows what one doesn't know. Attend caregiver informational programs in your community or online. Confer with disease-specific organizations. If you are not using a geriatric care specialist, schedule appointments with care providers or visit residences or facilities that provide the level of care needed.

Thank you to The ElderPages Directory Committee for their hard work and dedication to this directory.

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Greater Rochester Section

Committee Members: Dan Kubit, Hilton East Assisted Living/Angels in Your Home
Susan LeDoux, Writer/Author
Leanne Rorick, Monroe County Aging Alliance
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GRAPE Member Organizations

These organizations have made a commitment to join and support GRAPE through membership. Please visit their listings for more information on their services. GRAPE membership information is available by contacting the GRAPE office at (585) 256-4351 or info@grapelder.org.

360 Home Safety, LLC
55 Plus Magazine
A & J Pharmacy
A Chara Services
A to Z Personal Wellness
Aaron Manor
AARP
AETNA
Aging Well Rochester
Ahrens Benefits Company
Aliah Home Care
Alzheimer's Association Rochester & Finger Lakes Region
American Diabetes Association
American Elder Care Mental Health Services
Andrea's Foot Care and Nails
Angels in Your Home
Ashton Place Senior Living
AstraZeneca
Atria Fleming Point
Atria Greece
Baywinde Senior Living Community
Bill Gilbert Insurance
Blossom Modern Home Care Solutions of WNY
Boylan Code LLP
Brighton Securities
Brookdale Pittsford
Burd Home Health
Capital District Physicians Health Plan (CDPHP)
Care Stat Staffing
CarePatrol of Buffalo Niagara Rochester and Syracuse
Caring Hearts of Rochester
Caring Transitions
Catholic Charities Family and Community Services
CDS Rx
Century Benefits Group, Inc.
Clark Manor House
Clark Meadows at Ferris Hill
ComForCare Home Care
Comfort Keepers
Community Care Home Health Services
Community First Care
Constance Care Management
ConstantCare247
Cornell Construction Design
Crane Home Care
Crimson Ridge Gardens
Crimson Ridge Meadows
Daniel Teaches

Doyle Medical Monitoring
Edna Tina Wilson Living Center
Edward Jones - Rich Marlin
Elder Care Management Services
Elder Transition Consulting, LLC
ElderONE
Elderplan
Elderwood Health Plan
Elderwood Senior Living Communities
Elite Choice/Elite Home Health Care
Episcopal SeniorLife Communities
Errands and Extras for Elders LLC
Evans Fox LLP
Evergreen Place
Everyday Hands
Excellus BlueCross BlueShield
EZaccessMD
Fairport Baptist Homes
Fox Rehabilitation
Friendly Senior Living
GP Flooring Solutions
Griswold Home Care of Greater Rochester
Hadley Chiropractic
Happier at Home
HealthDirect Pharmacy Services
HealthPositive
HealthPRO Heritage
Hearing Loss Association of America - Rochester Chapter
Heather Heights
Heathwood Assisted Living & Memory Care
Hilton East Assisted Living
Home Instead
HSM Care
HUB at Elite
Hurlbut Care Communities
Hurley Care Solutions
Independent at Home Program
Innovative Rx Solutions, LLC
Integrity Health and Life
Jacquelyn M. Bell, CPA, PLLC
Jewish Family Services
Jewish Senior Life
Joe's Moving Company
Keller Williams - The Dawn Nowak Team
Keller Williams Realty Gateway
Keuka Housing Council, Inc.
Kirkhaven
Kroll Law Firm LLP
Law Office of Jason S. DiPonzio
Law Office of Michael Robinson, P.C.
Law Office of Samantha J. Crane
Laying on of the Hands Orthopedic Massage
Leading Senior Benefits
Leanne Rorick Consulting, LLC

LeDoux, Susan – Writer/Author
 Legacy Levels Unlimited
 Legacy on Main
 Legacy Senior Living Communities
 Legal Assistance of Western NY
 Lifespan
 Lifetime Connections
 Lifetime Financial Group, LLC
 LiveSimply Senior Transitions
 Living Well Companion Care
 M.W. Consultant
 Maust and Leone Medicare Advisors
 McConville Considine Cooman & Morin, P.C.
 Monroe Community Hospital
 Monroe County Office for the Aging
 MVP Health Care
 Nascentia Health
 National Council of Jewish Women, Greater Rochester Section
 No Place Like Home Senior Care
 Noble Companion
 NurseCore of Rochester
 Oasis Rochester
 Oasis Senior Advisors
 OCDwithGNG LLC
 Pandion Optimization Alliance
 Parkwood Heights Senior Living
 PRI Services
 Pullano & Company
 Quail Summit
 Rainbow Seniors ROC
 RDW Media Group
 Real Estate Sales: Keller Williams-Rita Pettinaro
 ReMax Plus – Carolyn Stiffler
 ReMax Plus – Laura DuMont
 ROC Vox Recording & Production/Legacy Cast
 ROCDOG, Inc.
 Rochester Area Community Foundation
 Rochester General Hudson Housing
 Rochester Mobile X-Ray Inc.
 Rochester’s Cornerstone Group
 Safe At Home Physical Therapy
 Sandra Swanson, LMT
 Schum & Werner PLLC
 Senior Care Authority
 Senior Life, LLC
 Senior Wishes
 Seniors Choice Care Management
 Seniors Rock Radio
 Sharlene Nally – Medicare Advisor
 Soho Imaging, Inc.
 Solstice Senior Living at Fairport
 Special Care Systems, LLC
 St. Ann’s Community
 St. John’s

Stern at Home Therapy
 Stronger Today Physical Therapy
 Sunny Hope Umbrella Agency
 Sweet Home Photography
 Teresa Jaycox, Independent Licensed Insurance Agent
 The Gables of Brighton
 The Highlands at Pittsford
 The Landing of Brighton
 The Medicine Shoppe
 The Nurse Connection Staffing Inc.
 The Village at Mill Landing
 The Village at Unity
 Thrive Physical Therapy
 Together in Caring
 Torres Law Office, P.C.
 Touching Hearts at Home
 Trusted Choice Homecare
 Ultimate Grace LLC
 Ultramobile Imaging
 United Healthcare
 United Oxygen and Medical Equipment
 UR Medicine Home Care
 US Employee Benefits Service Group
 Valerie Hall – NYS Licensed Medicare Broker
 Venture Forthe, Inc.
 Veterans Caring for Veterans, Inc.
 Victor Views Assisted Living
 Vision Financial Group by MassMutual
 Wegmans Family Cottages at Park Ridge Living Center
 Wesley Gardens
 Westwood Commons
 Woodcrest Commons
 Woods Oviatt Gilman LLP
 X-Treme Home Care
 Your Best Move, LLC

List current as of April 2023

Some organizations offer more than one location/service and will appear more than once in this directory.

Adult Day Services

Adult day programs provide a coordinated program of services for older adults and cognitively impaired adults in a community-based group setting. Services often follow either a social model that provides socialization and recreational type activities, or a medical model that focuses on skilled assessment, treatment and rehabilitation goals.

Medical Adult Day Services

Medical Model Adult Day Health programs offer health and rehabilitative services including nursing, recreational therapy, occupational, physical and speech therapy, personal care, nutrition and social services. These programs are licensed and monitored by New York State. They must be affiliated with a nursing home or hospital. Additional services may include medication assistance, hot meals, and referral for other services.

Adult Day Health Care

(585) 784-6576
2021 Winton Rd. South, Rochester, NY 14618

Arc of Monroe

(585) 271-0660
2060 Brighton Henrietta Townline Rd., Rochester, NY 14623

DeMay Living Center

(315) 332-2700
100 Sunset Drive, Newark, NY 14513

ElderONE, An Affiliate of Rochester Regional Health

(585) 922-2831

Elderwood at Hornell

(607) 661-5475
One Bethesda Drive, Hornell, NY 14843

Friends for the Day

(315) 332-2317
101 Candy Apple Lane, Newark, NY 14513

Happiness House/Finger Lakes United Cerebral Palsy, Inc.

(315) 789-6828
5415 County Road 30, Canandaigua, NY 14424

Meadowbrook Adult Day Program at The Highlands

(585) 641-6235
500 Hahnemann Trail, Pittsford, NY 14534

Rochester Regional Hudson Housing

(585) 266-2500
2026 Hudson Ave, Rochester, NY 14617

St. Ann's Adult Day Program at Durand Senior Apartments

(585) 697-6361
4250 Culver Road, Rochester, NY 14622

St. Ann's Home Connection Adult Day Program★

(585) 697-6381
1500 Portland Avenue, Rochester, NY 14621

Social Adult Day Services

Social adult day services programs provide care a supervised group setting within the community to older adults who are frail or have disabilities. Services include socialization activities, supervision and monitoring, and nutrition.

ARC of Monroe County

(585) 271-0660
2060 Brighton Henrietta Townline Rd., Rochester, NY 14623

CP Rochester

(585) 334-6000
3399 Winton Road S., Rochester, NY 14623

ElderONE, An Affiliate of Rochester Regional Health

(585) 922-2831

Epilepsy-Pralid, Inc.★

(585) 442-4430
1650 South Ave, Suite 300, Rochester, NY 14620

GrandeVille Adult Day Services Social Program

(585) 621-6160
555 Maiden Lane, Rochester, NY 14616

Greece Baptist Church - Give Me a Break

(585) 730-1719
1230 Long Pond Road, Rochester, NY 14626

Hickok Center for Brain Injury, Inc.

(585) 271-8640
2320 Brighton Henrietta Town Line Rd, Suite 400 & 500, Rochester, NY 14623

HUB at Elite★

(585) 384-2000
919 Culver Road, Rochester, NY 14609

Integrated Senior Day Habilitation Program
(585) 334-6000
3399 Winton Road South, Rochester, NY 14623

Marian's House
(585) 287-5553
2980 S. Clinton Ave, Rochester, NY 14618

St. Ann's Adult Day Program at Durand Senior Apartments
(585) 697-6361
4250 Culver Road, Rochester, NY 14622

Tender Loving Family Care Senior Care at Garden View
(585) 502-5025
124 East Main Street, LeRoy, NY 14482

Tender Loving Family Care, Inc.
(585) 637-0333
2956 St. Paul Blvd., Rochester, NY 14617

Advocacy Services

These organizations assist older adults and their families with concerns regarding health, housing and other issues of aging and work on their behalf with their best interests being the priority.

AARP★
(585) 760-5450
435 E. Henrietta Rd., Rochester, NY 14620

Benefit Representatives of America
(585) 663-6333
1577 Ridge Road West, Rochester, NY 14615

Catholic Charities Family & Community Services★
(585) 546-7220
79 North Clinton, Rochester, NY 14604

Center for Disability Rights, Inc.★
(585) 546-7510
497 State Street, Rochester, NY 14608

Coordinated Care Services (CCSI)★
(585) 613-7673
1099 Jay Street Bldg. 1, Rochester, NY 14611

Elder Justice Committee of Metro Justice★
(585) 397-3537
389 Gregory Street, Rochester, NY 14620

Empire Justice Center★
(585) 454-4060
1 West Main Street, Suite 200, Rochester, NY 14614

Epilepsy-Pralid, Inc.★
(585) 442-4430
1650 South Ave, Suite 300, Rochester, NY 14620

Genesee Health Facilities Association, Inc.
(585) 872-1690
40 Barrett Drive, Webster, NY 14580

Greater Rochester Area Partnership for the Elderly (GRAPE)
(585) 256-4351
100 McAuley Drive, Suite 2000, Rochester, NY 14610

Ibero-American Action League, Inc. ★
(585) 256-8900
817 East Main Street, Rochester, NY 14605

Lifespan - Anti Scam Education
(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Lifespan - Healthcare Coordination

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Lifespan - Ombudsman Program

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Lifespan Health Insurance Information Counseling and Assistance Program (HIICAP)

(585) 244-8400
1900 S. Clinton Avenue, Rochester, NY 14618

Lifetime Assistance, Inc.

(585) 426-4120 x3100
425 Paul Rd., Rochester, NY 14624

Medicare Rights Center

(800) 333-4114
266 West 37th Street, 3rd Floor, New York, NY 10018

Monroe County Veteran's Administration★

(585) 753-6040
125 Westfall Rd., Rochester, NY 14620

National Association of Social Workers - Genesee Valley Division

(518) 463-4741
188 Washington Ave., Albany, NY 12210

National Council of Jewish Women, Greater Rochester Section

ncjwgrs@gmail.com
P.O. Box 92444, Rochester, NY 14692

New York State Division of Human Rights★

(585) 238-8250
259 Monroe Avenue, Room 308, Rochester, NY 14607

Pathstone★

(585) 340-3300
400 East Avenue, Rochester, NY 14607

Rainbow Seniors ROC

(585) 910-9886
PO Box 24156, Rochester, NY 14624

Regional Center for Independent Living★

(585) 442-6470
497 State Street, Rochester, NY 14608

Rochester Area Community Foundation★

(585) 341-4355
500 East Ave, Rochester, NY 14607

Salvation Army★

(585) 987-9500
70 Liberty Pole Way, Rochester, NY 14604

Senior Life LLC, Geriatric Care Managers

(585) 424-2424
2425 Clover Street, Suite A-2, Rochester, NY 14618

The Housing Council at Pathstone★

(585) 546-3700
75 College Avenue, 4th Floor, Rochester, NY 14607

Urban League of Rochester★

(585) 325-6530
265 N. Clinton Avenue, Rochester, NY 14605

Vet Center

(585) 393-7608
2000 S. Winton Road, Bldg 5, Suite 201
Rochester, NY 14618

Veterans Caring for Veterans, Inc.

(727) 945-2682
164 East Main Street, #2, Webster, NY 14580

Veterans' Affairs, New York State★

(585) 546-1081
447 South Avenue, Rochester, NY 14620

Victim Witness Bureau - Monroe Co District Attorneys Office★

(585) 753-4573
47 S. Fitzhugh St, Rochester, NY 14614

Auto Care/Adaptive Services for Cars & Vans

Agor Enterprises, Inc.
(585) 385-2556
951 Panorama Trail
Rochester, NY 14625

Tim's Trim Inc.
(585) 429-6270
25 Bermar Park
Rochester, NY 14624

Business to Business Services

Organizations that provide services to other businesses, including staffing and recruiting agencies.

Business to Business Services

AstraZeneca★
(585) 750-4135
224 Pardee Rd., Rochester, NY 14609

Care Value
(585) 755-2037
5263 Parkside Drive, Canandaigua, NY 14424

GP Flooring Solutions
(585) 354-6640
32 Marway Circle, Rochester, NY 14624

GreyCastle Security
(518) 274-7233
185 Jordan Rd., Troy, NY 12180

HealthPRO Heritage
(518) 605-2310
307 International Circle, Suite 100,
Hunt Valley, MD 21030

Innovative Rx Solutions, LLC
(585) 405-3611
40 Cedar Mill, Rochester, NY 14626

MDS Consultants, LLC
(585) 637-3235
105 Pearl Street, Medina, NY 14103

NurseCore of Rochester
(585) 341-4499
1302 Scottsville Rd., Rochester, NY 14624

Pandion Optimization Alliance
(800) 206-6259
3445 Winton Place, Suite 222, Rochester, NY 14623

Peerplace Networks, LLC
(585) 586-1940
350 Linden Oaks, Suite 215, Rochester, NY 14625

Rapid Print & Marketing
(585) 924-1520
8 High St., Victor, NY 14564

RDW Media Group
(585) 317-4898
10 Old Winding Lane, Fairport, NY 14450

SCORE - Counselors to America's Small Business★
(585) 263-6473
100 State Street, Room 410
Keating Federal Building, Rochester, NY 14614

Soho Imaging, Inc.
(585) 208-6121
607 Phillips Rd, Webster, NY 14580

Sweet Home Photography
(585) 703-2380
45 Denishire Drive, Rochester, NY 14624

Unidine
(518) 903-2384
1000 Washington Street, Suite 510, Boston, MA 02118

US Employee Benefits Services Group★
(631) 514-4792
One South Clinton Avenue, Suite 1030,
Rochester, NY 14604

Staffing/Recruiting Agencies

Care Stat Staffing
(716) 303-0553
295 Main Street, Buffalo, NY 14203

ConstantCare247
(585) 557-5507
PO Box 592, Fayetteville, NY 13066

Maxim Healthcare Services★
(585) 454-3550
150 State Street, Rochester, NY 14614

MEDTEMPS
(585) 623-8797
1597 West Ridge Rd., Suite 301, Rochester, NY 14615

NurseCore of Rochester

(585) 341-4499

1302 Scottsville Rd., Rochester, NY 14624

The Nurse Connection Staffing

(518) 459-6612

144 Metro Park, Suite 4, Rochester, NY 14623

Unlimited Care, Inc.

(585) 272-8800

1200 Jefferson Road, Suite 206, Rochester, NY 14623

Care Management and Guidance

These organizations can provide recommendations and referrals to older adults or their family members on living arrangements, health and disability, financial resources, family/caregiver support, crisis intervention and advocacy. The goal is to help clients understand, plan and manage their overall care so that the elder can attain their maximum potential.

A Chara Services, LLC

(585) 785-3000

470 Long Pond Road, Suite 280-B,
Rochester, NY 14612

Aging Connections

(585) 200-1205

268 Shorewood Drive, Webster, NY 14580

Aging Well Rochester

(585) 271-0400

3349 Monroe Avenue, Suite 122,
Rochester, NY 14618

Alzheimer's Association Rochester and Finger Lakes Region

(800) 272-3900

200 Meridian Centre Blvd, Suite 110,
Rochester, NY 14618

**Behavioral Health Network,
Rochester Regional Health**

(585) 922-2500

**Blossom: Modern Home Care Solutions of
Western New York**

(585) 546-1600

70 Carlson Road, Rochester, NY 14610

Care Consultants of Rochester

(585) 820-8086

518 Thomas Cove Rd, Rochester, NY 14625

Care Options For Seniors, LLC

(585) 520-2007

94 Sunset Trail, Fairport, NY 14450

**Catholic Charities Family & Community Services -
Aging and Adult Services★**

(585) 262-7050

79 North Clinton, Aging and Adult Dept.,
Rochester, NY 14604

Church Women United

(585) 362-2089

644 Titus Avenue, Rochester, NY 14617

**Community Place of Greater Rochester
Aging Services★**

(585) 288-0021

145 Parsells Avenue, Rochester, NY 14609

Constance Care Management

(585) 880-1564

ConstantCare247

(585) 557-5507

PO Box 592, Fayetteville, NY 13066

Coordinated Care Services (CCSI)★

(585) 613-7673

1099 Jay Street Bldg. 1, Rochester, NY 14611

**Elder Care Management Services —
Vincent, Sharon J., MSW, MPA, LCSW**

(585) 442-7399

250 Varinna Drive, Rochester, NY 14618

ElderONE, An Affiliate of Rochester Regional Health

(585) 922-2831

Ellison Park Home Base NORC

(585) 288-3442

31 B Bobrich Dr., Rochester, NY 14610

**Fairport Baptist Homes
Senior Options for Independence (SOFI)
Transportation**

(585) 377-8117

4646 Nine Mile Point Road, Fairport, NY 14450

Field Connection, PLLC

(585) 601-0133

1160 Pittsford-Victor Road, Pittsford, NY 14534

Happier At Home East

(585) 633-5555

153 N. Main St., Fairport, NY 14450

Happier at Home West

(585) 633-2060

153 N. Main Street, Fairport, NY 14450

HCR Home Care

(585) 272-1930

85 Metro Park, Rochester, NY 14623

Hurley Care Solutions

(585) 471-5239

470 Long Pond Rd Suite 280,

Rochester, NY 14612

Ibero-American Action League, Inc.★

(585) 256-8900

817 East Main Street, Rochester, NY 14605

Jewish Family Services★

(585) 461-0110 x1230

255 East Avenue, Suite 201

Rochester, NY 14604

Legacy Levels Unlimited

(585) 397-7598

43 Battle Green Drive, Rochester, NY 14624

Lifespan - Care Management - Eldersource

(585) 244-8400

1600 South Clinton Avenue, Rochester, NY 14618

Lifespan - Finger Lakes Caregiver Institute

(585) 244-8400

1900 South Clinton Avenue, Rochester, NY 14618

Lifespan - Future Care Planning Services

(collaboration with AI Sigl and Arc)★

(585) 402-7840

1000 Elmwood Avenue, Rochester, NY 14620

Lifespan - Healthcare Coordination

(585) 244-8400

1900 S Clinton Avenue, Rochester, NY 14618

Lifespan Older Adult Centers★

(585) 244-8400

1900 South Clinton Avenue,

Rochester, NY 14604

MaryAnn Gunther

NYSDOH Independent TBI/NHTS Service

Coordinator

(585) 478-4731

National Association of Social Workers - Genesee Valley Division

(518) 463-4741

188 Washington Ave., Albany, NY 12210

Rochester Regional Health Home Care Management★

(585) 368-3237

89 Genesee Street, Rochester, NY 14611

Salvation Army★

(585) 987-9500

70 Liberty Pole Way, Rochester, NY 14604

Senior Life LLC, Geriatric Care Managers

(585) 424-2424

2425 Clover Street, Suite A-2, Rochester, NY 14618

Seniors Choice Care Management

(585) 944-9010

424 Pellett Road, Webster, NY 14580

Tender Loving Family Care, Inc.

(585) 637-0333

2956 St. Paul Blvd., Rochester, NY 14617

Together in Caring

(585) 450-3828

3495 Winton Place, Building E / Suite 120,

Rochester, NY 14623

Ultimate Grace LLC

(585) 626-0479

PO Box 25186, Rochester, NY 14625

Educational Opportunities

Educational opportunities specifically for older adults or related to serving and caring for the aging population. This includes lifelong learning and auditing opportunities for older adults as well.

Bach to Rock Penfield Music School
(585) 364-3766
2160 Penfield Rd., Penfield, NY 14526

Brighton Memorial Library
(585) 784-5300
2300 Elmwood Ave., Rochester, NY 14618

Catholic Charities Family & Community Services★
(585) 546-7220
79 North Clinton Ave., Rochester, NY 14604

Certified Master Dementia Specialist
(585) 334-0085
3159 South Winton Road, Suite 209,
Rochester, NY 14623

Church Women United
(585) 362-2089
644 Titus Avenue, Rochester, NY 14617

Community Nutrition Education Program
(585) 753-2550 x0
2449 St. Paul Blvd., Rochester, NY 14617

Consumer Credit Counseling Service of Rochester★
(585) 546-3440
1050 University Ave., Suite A, Rochester, NY 14607

Daniel Teaches★
(585) 902-8450
32 Palisade Park, Rochester, NY 14620

Hickok Center for Brain Injury, Inc.
(585) 271-8640
2320 Brighton Henrietta Town Line Rd, Suite 400 &
500, Rochester, NY 14623

Ibero-American Action League, Inc.★
(585) 256-8900
817 East Main Street, Rochester, NY 14605

Lifespan - Anti Scam Education
(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Lifespan - Evidence Based Workshop
(585) 244-8400
1900 South Clinton Avenue, Rochester, NY 14618

Lifespan Health Insurance Information Counseling and Assistance Program (HIICAP)
(585) 244-8400
1900 S. Clinton Avenue, Rochester, NY 14618

Lifespan/Geriatric Education Center at UofR Gerontology Certificate Program
(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Lifespan 55+ Wellness Center at the JCC
(585) 461-2000
1200 Edgewood Avenue, Rochester, NY 14618

Monroe Community College (MCC)
(585) 292-2030
1000 East Henrietta Road, Rochester, NY 14625

Oasis Rochester★
(585) 730-8800
259 Monroe Avenue, Rochester, NY 14607

Osher Lifelong Learning Institute at RIT
(585) 292-8989
50 Fairwood Drive, Suite 100, Rochester, NY 14623

State University of New York College at Brockport
(585) 395-2211
350 New Campus Drive, Brockport, NY 14420

SUNY ATTAIN (Advanced Technology Training and Information Networking)★
(585) 327-4012
161 Chestnut Street, Rochester, NY 14604

TechAge: Technology Learning Adults
(585) 461-2000 x463
1200 Edgewood Avenue, Rochester, NY 14618

Urban League of Rochester★
(585) 325-6530
265 N. Clinton Avenue, Rochester, NY 14605

Emergency Services

Crisis Intervention, Elder Abuse Prevention, and Protection Services

Organizations in our community that provide emergency assistance to elders including crisis intervention, victim assistance, elder abuse prevention, protection services, and provisions for basic necessities in the event of an emergency.

911★

(585) 528-2220
321 W. Main Street, Rochester, NY 14608

Adult Protective Services★

(585) 753-6532
111 Westfall Road, Rochester, NY, NY 14620

Child Protective Services Program★

(585) 753-6998
111 Westfall Road, Rochester, NY 14620

Lifespan - Geriatric Addictions Program

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Lifespan - Upstate Elder Abuse Center at Lifespan

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Rochester Police Department★

(585) 428-7033
185 Exchange Blvd., Public Safety Building,
Rochester, NY 14614

Salvation Army★

(585) 987-9500
70 Liberty Pole Way, Rochester, NY 14604

URMC Mobile Crisis Team

(585) 529-3721
300 Crittenden Blvd, Rochester, NY 14642

Victim Assistance Unit - MCSO - Henrietta NY

(585) 753-4403
393 Calkins Road, Henrietta, NY 14623

Victim Assistance Unit - MCSO - Penfield NY

(585) 753-4389
955 S. Panorama Trl., Rochester, NY 14625

Victim Assistance Unit - MCSO - Spencerport NY

(585) 753-4455
2330 Union Street, Spencerport, NY 14559

Emergency Assistance

Organizations which provide food, clothing, shelter, or protection on an emergency basis.

211/LIFE LINE★

(585) 275-5151
422 S. Clinton Ave, Rochester, NY 14620

American Red Cross, Greater Rochester Chapter

(585) 241-4400
825 John St., West Henrietta, NY 14586

Cameron Community Ministries★

(585) 254-2697
48 Cameron Street, Rochester, NY 14606

East Rochester Community Resource Center

(585) 586-0525
333 E. Chestnut St., East Rochester, NY 14445

Keuka Housing Council, Inc.

(315) 787-8707
160 Main Street, Penn Yan, NY 14527

Monroe County Area Food Cupboards★

(585) 428-7300
115 South Avenue, Rochester, NY 14604

Monroe County Shelters and Meals Bulletin★

(585) 428-7300
115 South Avenue, Rochester, NY 14604

Open Door Mission, Inc.★

(585) 454-6696
156 North Plymouth Avenue, PO Box 14236,
Rochester, NY 14608

Pathstone★

(585) 340-3300
400 East Avenue, Rochester, NY 14607

Rochester Police Department★

(585) 428-7033
185 Exchange Blvd., Public Safety Building,
Rochester, NY 14614

S.W.A.N. Inc. at Montgomery Neighborhood Center★

(585) 436-3090
10 Cady Street, Rochester, NY 14608

Salvation Army Emergency Assistance★

(585) 987-9540
70 Liberty Pole Way, Rochester, NY 14604

Victim Assistance Unit - MCSO - Henrietta NY
(585) 753-4403
393 Calkins Road, Henrietta, NY 14623

Victim Assistance Unit - MCSO - Penfield NY
(585) 753-4389
955 S. Panorama Trl., Rochester, NY 14625

Victim Assistance Unit - MCSO - Spencerport NY
(585) 753-4455
2330 Union Street, Spencerport, NY 14559

Volunteers of America★
(585) 647-1150
214 Lake Avenue, Rochester, NY 14608

Emergency Response Systems

Emergency Response Systems enable persons who live alone or who have medical conditions to summon assistance in emergency situations. Participants typically wear a small portable button which, when pressed, signals a representative at a monitoring center who gathers information and dispatch assistance.

Doyle Security and Medical Monitoring
(585) 242-1625
792 Calkins Road, Rochester, NY 14623

Electronic Caregiver Emergency Response & Remote Health Monitoring
(585) 233-4687
5984 Monarch Drive, Farmington, NY 14425

Omni Security★
(585) 232-7233
350 East Avenue, Rochester, NY 14604

Special Care Systems★
(585) 671-1180
1450 E. Ridge Rd., Rochester, NY 14621

Unity HealthCall
(585) 723-7444
1477 Long Pond Rd., Rochester, NY 14626

Employment Programs

Hickok Center for Brain Injury, Inc.
(585) 271-8640
2320 Brighton Henrietta Town Line Rd,
Suites 400 & 500, Rochester, NY 14623

Regional Center for Independent Living★
(585) 442-6470
497 State Street, Rochester, NY 14608

Rochester Works★
(585) 258-3500
100 College Avenue, Suite 200, Rochester, NY 14607

Urban League of Rochester★
(585) 325-6530
265 N. Clinton Avenue, Rochester, NY 14605

Financial Services

Bookkeeping & Tax Preparation
Accounting, bookkeeping, and tax preparation services.

CASH Rochester★
(585) 900-1004
Bausch & Lomb Library Building,
115 South Avenue, Rochester, NY 14604

Lifespan - Financial Care Management
(585) 287-6389
1900 South Clinton Avenue, Rochester, NY 14618

Financial Assistance

Some resources that are available to support older adults looking for help with paying bills and making ends meet. Eligibility criteria varies by program - contact for details.

Catholic Charities Family & Community Services★
(585) 546-7220
79 North Clinton, Rochester, NY 14604

Community First Care Organization★
(585) 441-9214
229 Empire Blvd., Rochester, NY 14609

Monroe County Department of Human Services★
(585) 753-6998
111 Westfall Road, Rochester, NY 14620

Monroe County Division of Financial Assistance★

(585) 753-6000
111 Westfall Rd, Rochester, NY 14620

Social Security Administration - Downtown★

(800) 772-1213
200 East Main St 2nd floor, Rochester, NY 14604

Veterans Outreach Center, Inc.★

(585) 546-1081
447 South Avenue, Rochester, NY 14620

Victim Assistance Unit - MCSO - Henrietta NY

(585) 753-4403
393 Calkins Road, Henrietta, NY 14623

Victim Assistance Unit - MCSO - Penfield NY

(585) 753-4389
789 Panorama Trail, Rochester, NY 14625

Victim Assistance Unit - MCSO - Spencerport NY

(585) 753-4455
2330 Union Street, Spencerport, NY 14559

Financial Planning

A financial planner is an investment professional who helps individuals set and achieve their long-term financial goals.

Brighton Securities

(585) 340-2236
1703 Monroe Ave, Rochester, NY 14618

CASH Rochester★

(585) 900-1004
Bausch & Lomb Library Building,
115 South Avenue, Rochester, NY 14604

Champlin & Associates

(585) 899-1227
179 Sully's Trail, Suite 305, Pittsford, NY 14534

Community First Care Organization★

(585) 441-9214
229 Empire Blvd., Rochester, NY 14609

Edward Jones - Richard Marlin

(585) 265-0440
1120 Crosspointe Lane Suite 8, Webster, NY 14580

Lifespan - Financial Care Management

(585) 287-6389
1900 South Clinton Avenue, Rochester, NY 14618

Mason Wealth Management

(585) 697-9233
3445 Winton Place, Suite 116, Rochester, NY 14623

Parent Care 360

(585) 350-7235
200 Meridian Center, Suite 150, Rochester, NY 14618

The Bonadio Group

(585) 249-2864
171 Sully's Trail Suite 201, Pittsford, NY 14534

The Legend Group

(585) 272-8470
1425 Jefferson Rd., Rochester, NY 14623

Trillium Health★

(585) 545-7200
259 Monroe Ave, Rochester, NY 14607-3632

Vision Financial Group by MassMutual

(585) 208-4757
400 Meridian Centre, Suite 101, Rochester, NY 14618

Money Management

Assistance to clients who want help managing their day-to-day monetary affairs. These activities may include bill paying, checkbook balancing, submitting and tracking medical insurance claims, etc.

Catholic Charities Family & Community Services★

(585) 546-7220
79 North Clinton, Rochester, NY 14604

Consumer Credit Counseling Service of Rochester★

(585) 546-3440
1050 University Ave., Suite A, Rochester, NY 14607

Gordon Chodak Chapin & Wolch CPAs PC

(585) 586-6210
40 Office Park Way, Pittsford, NY 14534

Jacquelyn M. Bell, CPA, PLLC

(585) 229-4477
7339 Tilton Rd., Bloomfield, NY 14469

Legacy Levels Unlimited

(585) 397-7598
43 Battle Green Drive, Rochester, NY 14624

Lifespan - Financial Care Management

(585) 287-6389
1900 South Clinton Avenue, Rochester, NY 14618

Lifespan - In Home Financial Management Program

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Mason Wealth Management

(585) 697-9233
3445 Winton Place, Suite 116, Rochester, NY 14623

The Bonadio Group

(585) 249-2864
171 Sully's Trail Suite 201, Pittsford, NY 14534

Trust Services

Estate planning. Also see Elder Law Attorneys section.

Center for Disability Rights, Inc.★

(585) 546-7510
497 State Street, Rochester, NY 14608

ESL Trust Services, LLC★

(585) 336-1300
225 Chestnut Street, Rochester, NY 14604

Lifespan - Future Care Community Pooled Trust

(585) 244-8400
1900 South Clinton Avenue, Rochester, NY

Refer to yellow insert for additional information on financial assistance and resources.

Food and Nutrition

Food Pantries

Emergency food relief.

Call 211 or 1-877-356-9211 for current food pantries.

Meal Planning & Preparation

In-home help to hire for planning and preparing meals.

Cameron Community Ministries★

(585) 254-2697
48 Cameron Street, Rochester, NY 14606

Comfort Keepers Home Care Pittsford

(585) 249-0100
1163 Pittsford Victor Road, Suite 215,
Pittsford, NY 14534

Comfort Keepers Home Care Rochester

(585) 249-0100
1401 Stone Rd. Suite 302, Rochester, NY 14615

Errands and Extras for Elders, LLC

(585) 314-0912
492 Bangs Road, Churchville, NY 14428

Everyday Hands, Inc.

(585) 270-0710
P.O. Box 17248, Rochester, NY 14617

Home Instead - West

(585) 663-4620 x6
97 Canal Landing Blvd, Rochester, NY 14626

Home Instead - East

(585) 218-5200
15 Fishers Rd. Suite 110, Pittsford, NY 14534

Living Well Companion Care

(585) 248-5021
2000 Summit Circle Drive, Rochester, NY 14618

Pampered Parents, LLC

(585) 396-2144
27 West Main Street, Shortsville, NY 14548

**Practical Home and Independent Living Services:
PHILServices**

(585) 455-0322
25 East Avenue, Fairport, NY 14450

Scrubs on Call, LLC

(585) 905-0002
 3678 State Rt. 5 & 20, P.O. Box 738,
 Canandaigua, NY 14424

Tender Loving Family Care, Inc.

(585) 637-0333
 2956 St. Paul Blvd., Rochester, NY 14617

Touching Hearts at Home

(585) 271-7390
 3495 Winton Place, Building E, Suite 120,
 Rochester, NY 14623

Universal Care Services, LLC

(585) 230-0790
 1200 Scottsville Rd., Suite 490E, Rochester, NY 14624

Meals, Home Delivered

Organizations that prepare and deliver meals to a person's home.

City of Rochester Senior Meal Program

(585) 275-5151

Effortlessly Healthy

(585) 254-0078
 1440 Scottsville Rd, Rochester, NY 14624

Lorraine's Food Factory

(585) 442-6574
 370 Woodcliff Office Park, Fairport, NY 14450

UR Medicine Home Care Meals On Wheels

(585) 787-2233
 2180 Empire Boulevard, Webster, NY 14580

Nutrition Centers/Meal Sites

*Meals for older adults; contact for hours and costs.
 Some sites are county-funded centers.*

Brighton Senior Center

(585) 784-5266
 Brookside Community Center, 220 Idlewood Road,
 Rochester, NY 14618

Centro de Oro Senior Center★

(585) 256-8900 x123
 485 North Clinton Avenue, Rochester, NY 14605

Charles Settlement House★

(585) 277-0813
 71 Parkway, Rochester, NY 14608

Chili Senior Center

(585) 889-4680
 3237 Chili Avenue, Rochester, NY 14624

Community Place of Greater Rochester Aging Services★

(585) 288-0021
 145 Parsells Avenue, Rochester, NY 14609

Gates Senior Center

(585) 247-6100
 1605 Buffalo Road, Rochester, NY 14624

Greece Community & Senior Center

(585) 723-2425
 3 Vince Tofany Boulevard, Greece, NY 14612

Henrietta Senior Center

(585) 334-4030
 515 Calkins Road, Henrietta, NY 14467

Hilton-Parma Senior Center

(585) 392-9030
 59 Henry Street, Hilton, NY 14468

Ibero-American Action League, Inc.★

(585) 256-8900
 817 East Main Street, Rochester, NY 14605

Irondequoit Senior Center

(585) 336-6078
 450 Skyview Centre Parkway, Rochester, NY 14622

Jean Daniels Senior Citizens Center East Rochester

(585) 385-3643
 317 Main St., East Rochester, NY 14445

Lifespan Older Adult Centers★

(585) 244-8400
 1900 South Clinton Avenue, Rochester, NY 14604

Livingston County Office for the Aging

(585) 243-7520
 3 Murray Hill Drive, Mt. Morris, NY 14510

MARC of Baden Street★

(585) 325-4910 x1133
 86 Vienna Street, Rochester, NY 14605

Monroe County Senior Centers★

(585) 753-6280
 435 East Henrietta Road, Rochester, NY 14620

Ogden Senior Center

(585) 352-3250
 200 S. Union Street, Spencerport, NY 14559

Penfield Parks & Recreation

(585) 377-8655
1985 Baird Rd, Penfield, NY 14526

Pittsford Senior Center

(585) 248-6235
35 Lincoln Avenue, Pittsford, NY 14534

Prayer House Church of God by Faith★

(585) 244-3940
270 Cumberland Street, Rochester, NY 14605

**S.W.A.N. Inc. at Montgomery
Neighborhood Center★**

(585) 436-3090
10 Cady Street, Rochester, NY 14608

The Lodge on the Canal

(585) 637-8161
133 State Street, Brockport, NY 14420

Town of Perinton 55+ Program

(585) 223-5050
1350 Turk Hill Road, Fairport, NY 14450

Webster Senior Center

(585) 872-7102
1350 Chiyoda Drive, Webster, NY 14580

Wheatland Senior Center

(585) 889-1284
22 Main Street, Scottsville, NY 14546

Nutrition Counseling

*A variety of organizations providing nutrition education
and resources for seniors.*

Community Nutrition Education Program

(585) 753-2550 x0
2449 St. Paul Blvd., Rochester, NY 14617

Foodlink

(585) 328-3380
1999 Mt. Read Blvd, Rochester, NY 14615

Highland Hospital Diabetes HealthSource

(585) 341-7066
2400 Clinton Ave S, Bldg H, Suite 135,
Rochester, NY 14618

Ibero-American Action League, Inc.★

(585) 256-8900
817 East Main Street, Rochester, NY 14605

Monroe County Senior Centers★

(585) 753-6280
435 East Henrietta Road, Rochester, NY 14620

**S.W.A.N. Inc. at Montgomery
Neighborhood Center★**

(585) 436-3090
10 Cady Street, Rochester, NY 14608

Funeral Homes

Funeral Homes & Cremation Chapels

(Some have additional locations not listed)

Alvah Halloran & Son Funeral Home

(585) 247-7590

2125 Chili Avenue, Rochester, NY 14624

Angel Hills Funeral Chapel★

(585) 262-6222

1125 St. Paul St., Rochester, NY 14621

Anthony Funeral & Cremation Chapels

(585) 244-0770

1031 Ridge Rd, Webster, NY 14580

Anthony Funeral & Cremation Chapels

(585) 244-0770

2305 Monroe Avenue, Rochester, NY 14618

Arndt Funeral Home

(585) 225-6350

1118 Long Pond Rd, Rochester, NY 14626

Bartolomeo & Perotto Funeral Home, Inc.

(585) 720-6000

1411 Vintage Lane, Rochester, NY 14626

Brighton Memorial Chapel

(585) 720-6000

1411 Vintage Lane, Rochester, NY 14626

Corbett Funeral Home

(585) 426-7830

2771 Chili Avenue, Rochester, NY 14624

Crawford Funeral Home

(585) 482-0400

495 Winton Rd N, Rochester, NY 14610

D.M. Williams Funeral Home

(585) 247-0430

2793 Culver Rd, Rochester, NY 14622

David A. Doser Funeral Home & Cremation Service

(585) 223-9144

76 South Main St., Fairport, NY 14450

DiPonzio Funeral Home★

(585) 429-6700

219 Spencerport Rd, Rochester, NY 14606

Dreier-Giltner Funeral Home

(585) 342-8500

1717 Portland Avenue, Rochester, NY 14617

Falvo Funeral Home★

(585) 872-1010

1395 Goodman St. N, Rochester, NY 14609

Farrell-Ryan Funeral Home

(585) 225-0248

777 Long Pond Rd, Rochester, NY 14612

Felerski Funeral Home

(585) 467-4786

570 King's Highway S., Rochester, NY 14617

Fowler Funeral Home

(585) 637-6100

340 West Avenue, Brockport, NY 14420

Funeral Consumers Alliance of Greater Rochester, Inc.

(585) 461-1620

P.O. Box 77162, Rochester, NY 14617

Genesee Valley Cremation

(585) 247-6361

1530 Buffalo Rd, Rochester, NY 14624

G.L. Dixon Funeral Home★

(585) 266-7000

1080 North Street, Rochester, NY 14621

Harloff Funeral Home

(585) 586-5948

803 South Washington St, E. Rochester, NY 14445

Harris Funeral Home

(585) 544-2041

560 Kings Highway, Rochester, NY 14617

J.H. Cameron Funeral Home

(585) 889-4240

28 Rochester Street, Scottsville, NY 14546

James R. Gray Funeral Home

(585) 247-6360

1530 Buffalo Rd, Rochester, NY 14624

Jennings, Nulton & Mattle Funeral Home

(585) 381-3900

1704 Penfield Rd, Penfield, NY 14526

John J. Curran Funeral Home★

(585) 473-3170

535 Oxford St, Rochester, NY 14607

John M. Hedges Funeral Home

(585) 288-4664

1717 Portland Ave, Rochester, NY 14617

Joseph E. Hall Funeral Home★
(585) 436-8400
712 Main St. W, Rochester, NY 14611

Leo M. Bean & Sons Funeral Home
(585) 426-7830
2771 Chili Avenue, Rochester, NY 14624

Memories Funeral Home★
(585) 544-4929
1005 Hudson Avenue, Rochester, NY 14621

Merton H. Kayes Funeral Home
(585) 624-1120
59 Monroe St, Honeoye Falls, NY 14472

Metropolitan Funeral Chapel★
(585) 436-7730
109 West Avenue, Rochester, NY 14611

Michael R. Yackiw Funeral Home
(585) 671-6880
1650 Empire Blvd, Webster, NY 14580

Millard E. Latimer & Son Funeral Directors★
(585) 326-2680
983 Plymouth Ave S., Rochester, NY 14608

Miller Funeral & Cremation Services
(585) 424-3700
3325 Winton Rd. S, Rochester, NY 14623

New Comer Funeral Homes★
(585) 288-2880
6 Empire Blvd, Rochester, NY 14609

New Comer Funeral Homes
(585) 453-9550
2636 Ridgeway Ave, Rochester, NY 14626

Paul W. Harris Funeral Home
(585) 544-2041
570 King's Highway S., Rochester, NY 14617

Pets at Peace by Harris Funeral Home
(585) 544-2041
570 Kings Highway, Rochester, NY 14617

Profetta Funeral Home
(585) 671-2811
1650 Empire Blvd, Webster, NY 14580

Regency Funeral Chapel★
(585) 235-1220
596 Genesee St., Rochester, NY 14611

Richard H. Keenan Funeral Home
(585) 223-4840
41 South Main St., Fairport, NY 14450

Richard H. Keenan Funeral Home
(585) 223-4840
7501 Pittsford-Palmyra Rd., Fairport, NY 14450

Rochester Cremation
(585) 359-2300
4044 West Henrietta Rd, Rochester, NY 14623

Thomas E. Burger Funeral Home
(585) 392-7100
735 East Avenue, Hilton, NY 14468

Thomas Funeral Chapels
(585) 663-3837
4545 Lake Avenue, Rochester, NY 14612

Trolano Funeral Home
(585) 586-3270
209 West Ave, E. Rochester, NY 14445

Vay, Schleich & Meeson Funeral & Cremation Chapels
(585) 392-1500
38 East Avenue, Hilton, NY 14468

Vay, Schleich & Meeson Funeral & Cremation Chapels
(585) 227-2700
1075 Long Pond Road, Rochester, NY 14626

Walker Brothers Co. Funeral Home
(585) 352-1500
15 West Avenue, Spencerport, NY 14559

Walker Brothers Co. Funeral Home
(585) 352-1500
21 South Main Street, Churchville, NY 14428

White Oak Cremation
(585) 318-2416
495 Winton Road N, Rochester, NY 14610

Willard H. Scott Funeral Home
(585) 265-3640
12 South Avenue, Webster, NY 14580

Younglove-Smith & Ryan Funeral Home
(585) 225-0248
777 Long Pond Rd, Rochester, NY 14612

Government Agencies

Federal, State, and County Agencies

Monroe County Community Development Program★

(585) 753-2000
50 W. Main St. Suite 1150, Rochester, NY 14614

Monroe County Division of Financial Assistance★

(585) 753-6000
111 Westfall Rd, Rochester, NY 14620

Monroe County Health Department, Office of Vital Records

(585) 753-5141
740 East Henrietta Rd, Rochester, NY 14623

Monroe County Library★

(585) 428-7300
115 South Avenue, Rochester, NY 14604

Monroe County Office for the Aging★

(585) 753-6280
435 East Henrietta Road, 3rd floor, Faith Wing,
Rochester, NY 14620

Monroe County Office of Mental Health★

(585) 753-6047
1099 Jay Street, Building J Third Floor,
Rochester, NY 14611

New York State Partnership for Long-Term Care

(518) 474-0662
One Commerce Plaza, Rm 1620, Albany, NY 12210

New York State Workers' Compensation Board★

(877) 632-4996
130 W. Main Street, Rochester, NY 14614

NYS EPIC

(Elderly Pharmaceutical Insurance Coverage)

(800) 332-3742
PO Box 15018, Albany, NY 12214

Ontario County Office for the Aging

(585) 396-4040
3019 County Complex Drive, Canandaigua, NY 14424

Social Security Administration - Greece

(800) 772-1213
4050 West Ridge Rd., 2nd Floor, Rochester, NY 14626

United States Postal Service Carrier Alert

(585) 272-5953
1335 Jefferson Rd., Rochester, NY 14692

Wayne County Department of Aging and Youth

(315) 946-5624
1519 Nye Road, Suite 300, Lyons, NY 14489

Social Services Agencies

Monroe County Department of Public Health★

(585) 753-2991
111 Westfall Road, Rochester, NY 14620

Veterans Services

(Also see Medical Centers/Clinics)

Monroe County Veteran's Administration★

(585) 753-6040
125 Westfall Rd., Rochester, NY 14620

New York State Veterans Home, Batavia

(585) 345-2000
220 Richmond Avenue, Batavia, NY 14020

VA Medical Center, Batavia NY

(585) 297-1000
222 Richmond Avenue, Batavia, NY 14020

VA Medical Center, Bath NY

(607) 664-4000
76 Veterans Avenue, Bath, NY 14810

VA Medical Center, Buffalo NY

(716) 834-9200
3495 Bailey Avenue, Buffalo, NY 14215

VA Medical Center, Canandaigua NY

(585) 394-2000
400 Fort Hill Avenue, Canandaigua, NY 14424

Vet Center

(585) 393-7608
2000 S. Winton Road, Bldg 5, Suite 201,
Rochester, NY 14618

Veterans Outreach Center★

(585) 546-1081
447 South Avenue, Rochester, NY 14620

Health Services, Community-based

Alcohol/Substance Abuse Counseling and Treatment

Baden Street★

(585) 325-4910 x1137
152 Baden Street, Rochester, NY 14605

Behavioral Health Network, Rochester Regional Health

(585) 922-2500

Catholic Charities Family & Community Services★

(585) 546-7220
79 North Clinton, Rochester, NY 14604

DePaul Community Services

(585) 426-8000
1931 Buffalo Road, Rochester, NY 14624

Ibero-American Action League, Inc.★

(585) 256-8900
817 East Main Street, Rochester, NY 14605

Lifespan - Geriatric Addictions Program

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Salvation Army Center for Adult Rehabilitation★

(585) 987-9500
70 Liberty Pole Way, Rochester, NY 14604

Alzheimer's Disease and Related Dementias

Organizations or programs whose primary function is to evaluate, diagnose, and treat persons with Dementia or to educate and support families affected by it.

AD-CARE: Alzheimer's Disease Care, Research & Education Program★

(585) 602-5100
315 Science Parkway, Entrance A, Suite 100,
Rochester, NY 14620

Certified Master Dementia Specialist

(585) 334-0085
3159 South Winton Road, Suite 209,
Rochester, NY 14623

Finger Lakes Clinical Research

(585) 241-9670
885 South Winton Rd., Rochester, NY 14618

Lifespan of Greater Rochester

(585) 244-8400
1900 S. Clinton Avenue, Rochester, NY 14618

Memory Care Program★

(585) 273-5454
315 Science Parkway, Entrance B, Suite 200,
Rochester, NY 14620

St. John's Dementia Resource Center★

(585) 271-5413
150 Highland Avenue, Rochester, NY 14620

UR Medicine Geriatrics Group

(585) 270-0830
1870 Winton Road South, Suite 100,
Rochester, NY 14618

Blind and Visually Impaired

Association for the Blind and Visually Impaired★

(585) 232-1111
422 S. Clinton Avenue, Rochester, NY 14620

Low Vision Practice

(585) 271-7320
2180 Monroe Ave., Rochester, NY 14618

New York State Commission for the Blind and Visually Handicapped★

(585) 238-8110
259 Monroe Avenue, Room 303
Rochester, NY 14607

NYS Talking Book and Braille Library

(800) 342-3668
222 Madison Ave, Albany, NY 12230

Deaf and Hard of Hearing

Clear Choice Hearing and Balance - Brighton

(585) 342-4327
1065 Senator Keating Blvd., Suite 210
Rochester, NY 14618

Clear Choice Hearing and Balance - Greece

(585) 723-3440
103 Canal Landing Blvd., Suite 3
Rochester, NY 14626

Dalzells Audiology
(585) 461-9192
2561 Lac De Ville Blvd #101, Rochester, NY 14618

Hart Hearing & Balance Center - Multiple Locations
(585) 266-4130
468 Titus Ave., Rochester, NY 14617

Hearing Loss Association of America, Rochester Chapter
(585) 266-7890
P.O. Box 1002, Fairport, NY 14450

Rochester Hearing and Speech Center★
(585) 271-0680
1000 Elmwood Avenue, Suite 400,
Rochester, NY 14620

Sounds for Life
(585) 248-5212
135 Sully's Trail, Suite 10, Pittsford, NY 14534

Dental

BayRidge Dental
(585) 347-4884
1991 Empire Blvd. Webster, NY 14580

Eastman Dental/Institute for Oral Health★
(585) 341-6888
625 Elmwood Avenue, Rochester, NY 14620

Elmwood Dental Group PC
(585) 461-4350
1950 Clinton Ave S, Rochester, NY 14618

Torrado Dental★
(585) 442-1900
1655 Elmwood Ave, Bldg. 200, Suite 215
Rochester, NY 14620

Unity Dental Group - Multiple Locations★
(585) 368-3800
89 Genesee Street, Rochester, NY 14611

Disabilities - Developmental/Physical
Training, safety, health oversight, therapy, or day services for the developmentally disabled.

ACCES - VR★
(585) 238-2900
109 S. Union Street, Rochester, NY 14607

Catholic Charities Family & Community Services★
(585) 546-7220
79 North Clinton, Rochester, NY 14604

CDS Monarch
(585) 341-4600
860 Hard Road, Webster, NY 14580

CP Rochester
(585) 334-6000
3399 Winton Road S., Rochester, NY 14623

Epilepsy-Pralid, Inc.★
(585) 442-4430
1650 South Ave, Suite 300, Rochester, NY 14620

Heritage Christian Services
(585) 340-2000
275 Kenneth Drive, Suite 100, Rochester, NY 14623

Individual Health Services - Developmentally Disabled Older Adult Program
(585) 334-6000
3399 Winton Road South, Rochester, NY 14623

Integrated Senior Day Habilitation Program
(585) 334-6000
3399 Winton Road South, Rochester, NY 14623

Lifetime Assistance, Inc.
(585) 426-4120 x3100
425 Paul Rd., Rochester, NY 14624

Regional Center for Independent Living★
(585) 442-6470
497 State Street, Rochester, NY 14608

Rochester Spinal Association
(585) 234-3269
601 Elmwood Avenue, Box 664, Rochester, NY 14642

Disease-specific Organizations
Organizations or programs that provide information and support about one disease or specific group.

Alzheimer's Association Rochester and Finger Lakes Region
(800) 272-3900
200 Meridian Centre Blvd, Suite 110,
Rochester, NY 14618

American Cancer Society - Rochester★
(800) 227-2345
1120 South Goodman Street, Rochester, NY 14620

American Diabetes Association - Upstate NY Office
(800) 676-4065

American Heart Association★
(585) 371-3227
25 Circle Street, Suite 102, Rochester, NY 14607

American Lung Association★
(585) 442-4260
1595 Elmwood Ave., Rochester, NY 14620

Arthritis Foundation
(800) 283-7800

Breast Cancer Coalition of Rochester★
(585) 473-8177
1048 University Avenue, Rochester, NY 14607

Cancer Support Community Rochester★
(585) 423-9700
255 Alexander Street, Rochester, NY 14607

Epilepsy-Pralid, Inc.★
(585) 442-4430
1650 South Ave, Suite 300, Rochester, NY 14620

Finger Lakes Clinical Research
(585) 241-9670
885 South Winton Rd., Rochester, NY 14618

Highland Hospital Diabetes HealthSource
(585) 341-7066
2400 Clinton Ave S, Bldg H, Suite 135,
Rochester, NY 14618

James P. Wilmot Cancer Center
(585) 275-5830
601 Elmwood Ave, Suite 5750, Rochester, NY 14642

Leukemia & Lymphoma Society
(800) 955-4572

Muscular Dystrophy Association
(585) 275-2559
Strong Memorial Hospital, 601 Elmwood Avenue,
Rochester, NY 14642

**National Council on Alcoholism and Drug
Dependence - Rochester Area**
(585) 719-3480
1931 Buffalo Road, Rochester, NY 14624

**National Kidney Foundation of Upstate &
Western New York, Inc.★**
(585) 598-3963
1344 University Ave, Suite 270, Rochester, NY 14607

**National Multiple Sclerosis Society,
Upstate NY Chapter★**
(585) 271-0801
1000 Elmwood Ave, Rochester, NY 14620-3901

National Stroke Association
(800) 242-8721

Parkinsons Foundation NY/NJ Chapter★
(585) 234-5355
1000 Elmwood Ave Suite 1600, Rochester, NY 14620

Evaluation - Medical Geriatric

Medical consultative programs specializing in geriatric evaluation.

**Geriatric Consultative Services at
Rochester General Hospital★**
(585) 922-0390
1415 Portland Avenue suite 200, MOB Suite 200,
Rochester, NY 14621

**University of Rochester
Geriatric Assessment Clinic★**
(585) 760-6353
Monroe Community Hospital,
435 East Henrietta Road, Rochester, NY 14620

Evaluation - PRI and Screen (Nursing Assessment)

PRI/Screen (Patient Review Instrument/Screen) is an assessment required in New York State to determine eligibility and appropriate level of care for those seeking skilled nursing home placement. It must be completed as part of the facility's application process by a specially trained registered nurse. (The Screen component may be completed by a specially trained social worker.) For patients in the hospital, the PRI/Screen will be completed by hospital staff. In the community, any of the agencies listed may provide the service.

Care Consultants of Rochester
(585) 820-8086
518 Thomas Cove Rd, Rochester, NY 14625

ConstantCare247
(585) 557-5507
PO Box 592, Fayetteville, NY 13066

PRI and Placement Services
(585) 236-1836
129 Atlantic Ave., Fairport, NY 14450

PRI Services

(585) 265-0240
P.O. Box 229, Webster, NY 14580

**Rochester Regional Health
Home Care Management★**

(585) 368-3237
89 Genesee Street, Rochester, NY 14611

Senior Life LLC, Geriatric Care Managers

(585) 424-2424
2425 Clover Street, Suite A-2,
Rochester, NY 14618

Seniors Choice Care Management

(585) 944-9010
424 Pellett Road, Webster, NY 14580

Together in Caring

(585) 450-3828
3495 Winton Place, Building E / Suite 120,
Rochester, NY 14623

UR Medicine Home Care

(800) 253-4439
2180 Empire Boulevard, Webster, NY 14580

Fitness Centers - Exercise Programs**A to Z Personal Wellness**

(585) 613-5584
15 Chelsea Way, Fairport, NY 14450

Bay View Family YMCA

(585) 671-8414
1209 Bay Road, Webster, NY 14580

Canandaigua Family YMCA

(585) 394-6866
32 North Main Street, Canandaigua, NY 14424

Eastside Family YMCA

(585) 341-4000
1835 Fairport Nine Mile Point Road
Penfield, NY 14526

Lifespan 55+ Wellness Center at the JCC

(585) 461-2000
1200 Edgewood Avenue, Rochester, NY 14618

Louis S. Wolk Jewish Community Center

(585) 461-2000
1200 Edgewood Avenue, Rochester, NY 14618

Maplewood Family YMCA★

(585) 647-3600
25 Driving Park Avenue, Rochester, NY 14613

Metrocenter YMCA Pool★

(585) 325-2880
444 East Main Street, Rochester, NY 14604

MVP Wellness Center★

(585) 327-2305
220 Alexander Street, Rochester, NY 14607

Neighborhood Programs★

(585) 546-8400
505 Mount Hope Avenue, Rochester, NY 14620

Northwest Family YMCA

(585) 227-3900
730 Long Pond Road, Rochester, NY 14612

Pieters Family Life Center

(585) 487-3500
1025 Commons Way, Rochester, NY 14623

Safe at Home Physical Therapy PLLC

(585) 398-6050
1290 Blossom Drive, Suite B, Victor, NY 14564

Schottland Family YMCA

(585) 446-2000
2300 West Jefferson Road, Pittsford, NY 14534

Senior Fitness, Inc.

(585) 259-1361
370 Lake Road, Webster, NY 14580

Silver Sneakers

(800) 869-5311

The Lewis Street YMCA Neighborhood Center★

(585) 325-2572
53 Lewis Street, Rochester, NY 14605

The Thurston Road YMCA Neighborhood Center★

(585) 328-9330
597 Thurston Road, Rochester, NY 14619

The YMCA at Innovation Square★

(585) 723-3020
100 S. Clinton Avenue, C250, Rochester, NY 14604

Westside Family YMCA

(585) 247-3501
920 Elmgrove Road, Rochester, NY 14624

Health Care Coordination

Lifespan - Healthcare Coordination

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Hospitals

F.F. Thompson Hospital

(585) 396-6000
350 Parrish Street, Canandaigua, NY 14424

Geneva Hospital

(315) 787-4000
196 North Street, Geneva, NY 14456

Highland Hospital★

(585) 473-2200
1000 South Avenue, Rochester, NY 14620

Newark-Wayne Community Hospital

(315) 332-2022
1200 Driving Park Avenue, Newark, NY 14513

Rochester General Hospital★

(585) 922-4000
1425 Portland Avenue, Rochester, NY 14621

Soldiers and Sailors Memorial Hospital

(315) 531-2000
418 N. Main Street, Penn Yan, NY 14527

Strong Memorial Hospital

(585) 275-2100
601 Elmwood Avenue, Rochester, NY 14642

Unity Hospital

(585) 723-7000
1555 Long Pond Road, Rochester, NY 14626

Medical Centers/Clinics

After Hours Imaging

(585) 235-3220
2081 Ridge Road, Rochester, NY 14626

Artemis Health

(585) 244-7330
2561 Lac de Ville Blvd, Suite 202, Rochester, NY 14618

Borg and Ide Imaging

(585) 241-6401
995 Senator Keating Blvd, Bldg E, Suite 100
Rochester, NY 14618

Canandaigua VA Medical Center

(585) 394-2000
400 Fort Hill Avenue, Canandaigua, NY 14424

Elizabeth Wende Breast Care, LLC★

(585) 442-2190
170 Sawgrass Drive, Rochester, NY 14620

Hadley Chiropractic

(585) 272-1480
428 White Spruce Blvd, Rochester, NY 14623

Omnicare of Rochester

(800) 213-6683
175 Humbolt St., Suite 225, Rochester, NY 14610

Rochester Calkins VA Clinic

(585) 463-2600
260 Calkins Road, Rochester, NY 14623

St. Joseph's Neighborhood Center★

(585) 325-5260
417 South Avenue, Rochester, NY 14620

Thompson Health

(585) 396-6000
350 Parrish Street, Canandaigua, NY 14424

Unity Walk-in Care Center★

(585) 368-3531
65 Genesee Street, Rochester, NY 14611

Wilson Health Center★

(585) 338-1400
800 Carter Street, Rochester, NY 14621

Medical Equipment and Supplies

Companies that provide medical equipment, rehabilitation products and services.

101 Mobility of Rochester

(585) 270-5689
2395 Dewey Avenue, Rochester, NY 14615

Access Lifts & Ramps ★

(585) 247-1210
1523 Mt. Read Blvd., Rochester, NY 14606

After Hours Imaging

(585) 235-3220
2081 Ridge Road, Rochester, NY 14626

Fonte Health Care Solutions★

(585) 338-1000
892 East Ridge Rd, Rochester, NY 14621

Lincare

(585) 424-5640

1847 Empire Blvd., Webster, NY 14580

Mission Health + Home

(585) 203-9200

215 Mushroom Blvd., Bldg #18, Rochester, NY 14623

Numotion (FKA Monroe Wheelchair)

(585) 385-3920

2165 Brighton Henrietta Town Line Road, Suite 1
Rochester, NY 14623

Pandion Optimization Alliance

(800) 206-6259

3445 Winton Place, Suite 222, Rochester, NY 14623

PharmAdva, LLC

(844) 606-3474

36 King Street, Rochester, NY 14508

Respiratory Services of Western New York

(585) 768-9495

535 Summit Point Drive, Henrietta, NY 14467

Rochester Mobile X-Ray, Inc.

(585) 436-9800

200 Buell Road, Suite 14, Rochester, NY 14624

Rochester Oxygen and CPAP

(585) 334-0200

1425 Jefferson Rd., Henrietta, NY 14623

Tim's Trim Inc.

(585) 429-6270

25 Bermar Park, Rochester, NY 14624

UltraMobile Imaging

(585) 424-6270

1465 Jefferson Road, Rochester, NY 14623

United Oxygen and Medical Equipment

(585) 360-4900

1590 Ridge Rd. West, Rochester, NY 14615

Westside Medical Supply

(585) 227-8750

765 Elmgrove Rd, Rochester, NY 14624

YourCare Medical Supply

(585) 377-5350

2160 Penfield Rd., Penfield, NY 14526

Health Services, Home-based

Certified Home Health Agencies

Certified Home Health Agencies (CHHA) provide home care services including skilled nursing, physical therapy, occupational therapy, medical social work, durable medical equipment, and home health aides. Only CHHAs and Long Term Home Health Programs (see also) are able to bill Medicare. When care is covered by Medicare, it is usually provided for a short period of time following treatment for an acute medical problem, but may also be provided for longer periods of time in special situations. It must be ordered by a physician. Payment sources include Medicare, Medicaid, commercial insurance and long term care insurance.

HCR Home Care Finger Lakes Region

(585) 272-1930

85 Metro Park, Rochester, NY 14623

Rochester Regional Health Home Care & Hospice Care★

(585) 214-1000

89 Genesee Street, Rochester, NY 14611

UR Medicine Home Care

(585) 787-2233

2180 Empire Boulevard, Webster, NY 14580

Consumer Directed Personal Assistance Program (CDPAP)

This New York State Medicaid program provides services to chronically ill or physically disabled individuals who have a medical need for help with activities of daily living (ADL's) or skilled nursing services. Services can include any of the services provided by a personal care aide (home attendant), home health aide, or nurse. Recipients have flexibility and freedom in choosing their caregivers. The consumer or the person acting on the consumer's behalf (such as the parent of a disabled or chronically ill child) assumes full responsibility for hiring, training, supervising and — if need be— terminating the employment of the persons providing the services.

Aliah Home Care★

(585) 656-7000 x501

651 Park Avenue, 2nd Floor, Rochester, NY 14607

Angels in Your Home

(585) 392-1118

1495 Lake Avenue, Rochester, NY 14615

Blossom: Modern Home Care Solutions of Western New York

(585) 546-1600
70 Carlson Road, Rochester, NY 14610

Burd Home Health★

(585) 484-1960
274 N. Goodman St. Suite A403, Rochester, NY 14607

Center for Disability Rights, Inc.★

(585) 546-7510
497 State Street, Rochester, NY 14608

Elite Home Health Care/ Elite Choice★

(585) 300-6000
919 Culver Road, Rochester, NY 14609

HSM Care★

(585) 476-4011
100 S. Clinton Avenue, 24th Floor
Rochester, NY 14604

Independent at Home Program

(315) 477-9239
1050 West Genesee Street, Syracuse, NY 13204

Innovative Care, LLC

(585) 235-0560
2775 Buffalo Road, Suite 2, Rochester, NY 14624

Trusted Choice Homecare

(716) 431-5550
500 Seneca Street, Suite 501, Buffalo, NY 14204

X-Treme Home Care, Inc.★

(585) 575-7575
45 Exchange Blvd., Suite 716, Rochester, NY 14614

Licensed Home Care Service Agencies

Licensed Home Care Service Agencies (LHCSA) provide some of the same services as CHHAs but cannot directly bill Medicare. LHCSAs primarily offer personal care services such as dressing, bathing and toileting, but some provide nursing service as well. LHCSAs may also offer non-medical services such as housekeeping, meal preparation and companion service. Payment sources include private pay, commercial insurance, and long term care insurance. LHCSAs may provide aide service to a client during a Medicare covered episode if it does so through contract with a CHHA for billing purposes.

All American Home Care★

(585) 454-1776
742 South Clinton Avenue, Rochester, NY 14620

All Metro Health Care★

(585) 381-6240
1344 University suite C, Rochester, NY 14607

Always Compassionate Home Care

(585) 433-0398

Angels in Your Home

(585) 392-1118
1495 Lake Avenue, Rochester, NY 14615

Blossom: Modern Home Care Solutions of Western New York

(585) 546-1600
70 Carlson Road, Rochester, NY 14610

CareGivers Home Care

(585) 394-6090
5297 Parkside Drive, Canandaigua, NY 14424

ComForCare Home Care

(585) 381-5439
3380 Monroe Ave., Suite 116, Rochester, NY 14618

Community Care Home Health Services★

(914) 261-5123
339 East Ave, Suite 201, Rochester, NY 14604

Crane Home Care★

(585) 540-3540
210 South Avenue, Suite 120, Rochester, NY 14604

ElderONE Home Health & Personal Care Services★

(585) 922-2831
2066 Hudson Avenue, Rochester, NY 14621

Elite Home Health Care/ Elite Choice★

(585) 300-6000
919 Culver Road, Rochester, NY 14609

Embrace Home Care
(585) 512-8797
24 Market Street, Brockport, NY 14420

HCR Home Care
(585) 272-1930
85 Metro Park, Rochester, NY 14623

Innovative Care, LLC
(585) 235-0560
2775 Buffalo Road, Suite 2, Rochester, NY 14624

Maxim Healthcare Services★
(585) 454-3550
150 State Street, Rochester, NY 14614

New York Regional Home Care
(585) 615-0499
3545 Buffalo Road, Suite 3, Rochester, NY 14624

NurseCore of Rochester
(585) 341-4499
1302 Scottsville Road, Rochester, NY 14624

Professional Assistance for Seniors
(585) 465-5754
97 Canal Landing Blvd., Suite 10, Rochester, NY 14626

Rochester Regional Health Home Care
(585) 214-1000

Serenity Home Care, Inc.
(585) 624-4550
100 Assembly Drive, Mendon, NY 14506

Tender Loving Family Care, Inc.
(585) 637-0333
2956 St. Paul Blvd., Rochester, NY 14617

Unlimited Care, Inc.
(585) 272-8800
1200 Jefferson Road, Suite 206, Rochester, NY 14623

UR Medicine Home Care
(800) 253-4439
2180 Empire Boulevard, Webster, NY 14580

Venture Forthe, Inc.★
(585) 478-8628
687 Lee Rd., Suite C185, Rochester, NY 14606

Medicaid Managed Long Term Care (MMLTC)

Managed long-term care helps people who are chronically ill or have disabilities and who need health and long-term care services, such as home care or adult day care, stay in their homes and communities as long as possible. The MLTC plan arranges and pays for a large selection of health and social services, and provides choice and flexibility in obtaining needed services from one place.

ElderONE
(585) 922-2831
2066 Hudson Avenue, Rochester, NY 14617

Elderwood Health Plan
(716) 631-1327
500 Seneca Street, Buffalo, NY 14204

Fidelis Care New York
(888) 343-3547

iCircle Care
(844) 424-7253
860 Hard Road, Webster, NY 14580

Kalos Health
(716) 216-8368
2424 Niagara Falls Blvd., Niagara Falls, NY 14304

Nascentia Health
(888) 477-4663
1050 West Genesee St., Syracuse, NY 13204

VNSNY Choice
(888) 867-6555

Nursing Home Transition and Diversion (NHTD) Program

The Nursing Home Transition and Diversion (NHTD) program is Medicaid funded and provides special long term home care services.

Angels in Your Home
(585) 392-1118
1495 Lake Avenue, Rochester, NY 14615

Blossom: Modern Home Care Solutions of Western New York
(585) 546-1600
70 Carlson Road, Rochester, NY 14610

Catholic Charities Family & Community Services★

(585) 546-7220
79 North Clinton, Rochester, NY 14604

Happiness House/Finger Lakes United Cerebral Palsy, Inc.

(315) 789-6828
5415 County Road 30, Canandaigua, NY 14424

Lifespan of Greater Rochester

(585) 244-8400
1900 S. Clinton Avenue, Rochester, NY 14618

Regional Resource Development Center★

(585) 368-3766
Rochester Regional Health, St. Mary's Campus
89 Genesee Street, Rochester, NY 14611

Venture Forthe, Inc.★

(585) 478-8628
687 Lee Rd., Suite C185, Rochester, NY 14606

Pharmacies that Deliver**A&J Pharmacy**

(585) 872-7575
45 Webster Commons Blvd, Webster, NY 14580

Alexander Pharmacy★

(585) 262-3760
222 Alexander Street, Suite 2700
Rochester, NY 14607

CDS Rx Pharmacy

(585) 347-1600
860 Hard Road, Webster, NY 14580

CVS Pharmacy

Check with your local store.

Faris Pharmacy

(585) 663-6950
2050 Latta Road, Rochester, NY 14612

HealthDirect Pharmacy Services

(866) 852-8612
250 Wallace Way, Rochester, NY 14624

Mead Square Pharmacy

(585) 924-7970
53 West Main Street, Victor, NY 14564

Miller's Pharmacy

(585) 889-3510
201 Scottsville-West Henrietta Rd #1
West Henrietta, NY 14586

Omnicare of Rochester

(800) 213-6683
175 Humbolt St., Suite 225, Rochester, NY 14610

Rite Aid Pharmacy

Check with your local store.

Saratoga Pharmacy★

(585) 458-2326
192 Lyell Avenue, Rochester, NY 14608

The Medicine Shoppe

(585) 337-4300
75 Victor Heights Pkwy, Suite C,
Victor, NY 14564

Walgreens Pharmacy

Check with your local store.

Wegmans Pharmacy

Check with your local store.

Physician Home Services**EZaccessMD**

(855) 687-3963
1465 Jefferson Road, Suite 100
Rochester, NY 14623

House Call MD for Seniors

(585) 872-2710
75 Barrett Dr. #191, Webster, NY 14580

Physician House Calls

(585) 244-5993
2021 Winton Road South, Rochester, NY 14618

St. Ann's Community Pillar Medical Associates PC★

(585) 697-6416
1550 Portland Ave, Rochester, NY 14621

UR Medicine Geriatrics Group

(585) 270-0830
1870 Winton Road South, Suite 100
Rochester, NY 14618

Vohra Wound Physicians★

(585) 363-2631
143 Dartmouth St., Rochester, NY 14607

Health Therapies

Including but not limited to physical therapy, massage therapy, pet therapy, and music therapy.

HCR Home Care

(585) 272-1930

85 Metro Park, Rochester, NY 14623

House Call Physical Therapy of Rochester

(585) 851-1771

Laying on of the Hands Orthopedic Massage

(585) 376-2225

95 Allens Creek Rd., Bldg. 2, Suite 227

Rochester, NY 14618

Lincare

(585) 424-5640

1847 Empire Blvd., Webster, NY 14580

Lollypop Farm, Humane Society of Greater Rochester

(585) 223-1330

99 Victor Road, Fairport, NY 14450

Mona Haleem, DDS, PLLC

(585) 358-0460

200 White Spruce Blvd., Suite 104

Rochester, NY 14623

PROACT Physical Therapy.

(585) 488-2203

1815 S. Clinton Avenue

Rochester, NY 14618

RocDog, Inc.

(585) 978-0970

321 Wood Rd, Rochester, NY 14626

Safe at Home Physical Therapy PLLC

(585) 398-6050

1290 Blossom Drive, Suite B, Victor, NY 14564

Sandra Swanson, LMT

(585) 943-7664

30 Allens Creek Road, Rochester, NY 14618

Stern at Home Therapy

(877) 410-3222

Stronger Today Physical Therapy

(585) 622-4668

Sunny Hope Umbrella Agency

(585) 414-3821

P O Box 67285, Rochester, NY 14617

The Hochstein School★

(585) 454-4596

50 N. Plymouth Ave, Rochester, NY 14614

UR Medicine Home Care

(800) 253-4439

2180 Empire Boulevard, Webster, NY 14580

Home Support Services

Companion Care

Companionship, meal preparation, light housekeeping, laundry, medication reminders, shopping, errands, transportation, in-home pet care and more.

A Caring Voice for You, LLC

PO Box 1581, Webster, NY 14580

(585) 257-2722

Affordable In-Home Care

(585) 260-4969

6802 Cherry Street, Victor, NY 14564

America Homecare

(585) 260-4969

Rochester, NY 14623

Angels in Your Home

(585) 392-1118

1495 Lake Avenue, Rochester, NY 14615

Assisting Angels Senior Care

(585) 329-4476

Rochester, NY

Blossom: Modern Home Care Solutions of Western New York

(585) 546-1600

70 Carlson Road, Rochester, NY 14610

Broadway Home Care of WNY

(716) 229-8886

62 Niagara Street, Buffalo, NY 14202

CareGivers Home Care

(585) 394-6090

5297 Parkside Drive, Canandaigua, NY 14424

Caring Hearts of Rochester

(585) 861-2273

95 Allens Creek Road, Bldg 1, Suite 104
Rochester, NY 14618

Catholic Charities Family & Community Services - EISEP (Expanded In-home Services for the Elderly Program)★

(585) 546-7220

79 North Clinton, Rochester, NY 14604

Catholic Charities Family & Community Services - STAR (Support to Aging Residents)★

(585) 262-7050

79 North Clinton, Aging Services
Rochester, NY 14604

Chambers Home Care Agency

(585) 478-1767

Rochester, NY 14626

ComForCare Home Care

(585) 381-5439

3380 Monroe Ave., Suite 116, Rochester, NY 14618

Comfort Keepers Home Care Pittsford

(585) 249-0100

1163 Pittsford Victor Road, Suite 215
Pittsford, NY 14534

Comfort Keepers Home Care Rochester

(585) 249-0100

1401 Stone Rd. Suite 302, Rochester, NY 14615

Compassionate Family Home Care

(585) 360-2419

3896 Dewey Avenue, Suite 274
Rochester, NY 14616

ConstantCare247

(585) 557-5507

PO Box 592, Fayetteville, NY 13066

Crane Home Care★

(585) 540-3540

210 South Avenue, Suite 120, Rochester, NY 14604

Errands and Extras for Elders, LLC

(585) 314-0912

492 Bangs Road, Churchville, NY 14428

Everyday Hands, Inc.

(585) 270-0710

P.O. Box 17248, Rochester, NY 14617

Excellent Care★

(585) 288-5421

654 Empire Blvd., Rochester, NY 14609

Griswold Home Care of Greater Rochester

(585) 763-0040

550 Latona Rd., Bldg D, Suite 408
Rochester, NY 14626

Happier At Home East

(585) 633-5555

153 N. Main St., Fairport, NY 14450

Happier at Home West

(585) 633-2060

153 N. Main Street, Fairport, NY 14450

HCR Home Care

(585) 272-1930

85 Metro Park, Rochester, NY 14623

HealthPositive

(585) 576-5306

1086 Edgewood Avenue, Rochester, NY 14618

Home Care of Western New York, LLC

(585) 729-7078

23 Parker Street, Fairport, NY 14450

Home Instead - West

(585) 663-4620 x6

97 Canal Landing Blvd, Rochester, NY 14626

Home Instead - East

(585) 218-5200

15 Fishers Rd. Suite 110, Pittsford, NY 14534

Ibero-American Action League, Inc.★

(585) 256-8900

817 East Main Street, Rochester, NY 14605

Living Well Companion Care

(585) 248-5021

2000 Summit Circle Drive, Rochester, NY 14618

Nascentia Health

(888) 477-4663

1050 West Genesee St., Syracuse, NY 13204

No Place Like Home Senior Care

(585) 334-0085

3159 South Winton Road, Suite 108
Rochester, NY 14623

Financial Assistance & Resources



Here are just a few of the resources available to support older adults looking for help with paying bills and making ends meet.

Eligibility criteria vary by program — call or visit for details.

For personalized resources based on your situation, contact NY Connects, a free, confidential service of the Monroe County Office for Aging, located at Lifespan of Greater Rochester: (585) 325-2800.

Online resources by Lifespan are also available at <https://www.lifespan-roch.org/resource-lists>.

If you're looking for help with...

Options may include...

For more information...

If you're looking for help with...	Options may include...	For more information...
Financial Counseling <i>Budgeting</i> <i>Bill-paying</i> <i>Debt</i> <i>Affordable banking</i>	Rochester Financial Empowerment Center (open to all City of Rochester residents): Free, professional one-on-one financial counseling (debts, affordable banking, credit concerns, savings and budgeting).	Online: https://www.rochesterfec.org Local/In person: 1050 University Avenue, Suite A, Rochester (585) 252-7110
	Consumer Credit Counseling of Rochester (open to Monroe County suburb/town residents): Free, professional one-on-one financial counseling (debts, affordable banking, credit concerns, savings and budgeting).	Online: https://www.cccsofrochester.org Need help? Consumer Credit Counseling: (585) 546-3440
	Financial Services programs at Lifespan: Help with budgeting, bill-paying and banking management; no-cost and fee-based services – call for details.	Online: https://www.lifespan-roch.org/financial Local/In person: Lifespan, 1900 South Clinton Ave, Rochester Need help? Lifespan: (585) 287-6423
	myBenefits.gov (Office of Temporary and Disability Assistance): Online, financial screening and assistance for all public entitlement programs, benefits and services.	Online: https://mybenefits.ny.gov Local/In person: Department of Human Services, 111 Westfall Rd, Rochester or Department of Human Services, 691 St Paul St, Rochester Need help? NY Connects at Lifespan, (585) 325-2800
Food/Groceries	Supplemental Nutrition Assistance Program (SNAP): An electronic benefit (electronic debit card) that may be used like cash to purchase food.	Online: https://mybenefits.ny.gov Local/Apply in person: Department of Human Services, 111 Westfall Rd, Rochester or Department of Human Services, 691 St Paul St, Rochester Need help? <ul style="list-style-type: none"> ▪ NY Connects at Lifespan, (585) 325-2800 ▪ Nutrition Outreach & Education Program, Legal Assistance of Western NY, (585) 325-2520

Food/Groceries continued next page

**If you're looking
for help with...**

Options may include...

For more information...

Food/Groceries

(continued)

Food Pantries and Resources:

Information, resources and referral support - Food Pantries, Grocery Ordering and Delivery, Meal Delivery Programs, SNAP, WIC and Baby Formula resources.

Online:

<https://211lifeline.org/categories.php?cat=FOOD>

Need help?

- Dial 211 to discuss resources and options
- NY Connects at Lifespan, (585) 325-2800

Meals on Wheels:

Nutritious meal delivery services for Monroe County older adult residents; includes friendly visits, safety checks. Financial aid may be available.

Online:

UR Medicine Home Care/Meals on Wheels:
<https://www.urmc.rochester.edu/home-care/meals-on-wheels.aspx>

Need help?

- UR Medicine Home Care/Meals on Wheels: (585) 787-8397
- NY Connects at Lifespan: (585) 325-2800

Health Insurance Costs

Health Insurance Information, Counseling and Assistance Program (HIICAP):

Information and guidance about choosing a Medicare plan and help with Medicare coverage issues. Assistance applying for the Medicare Savings Program for low-income individuals. Donation-based.

Online: <https://www.lifespan-roch.org/medicare>

Local/Apply in person:

Lifespan/HIICAP Office, 1900 S. Clinton Ave, Rochester

Need help?

- Lifespan, (585) 244-8400
- New York State HIICAP Helpline: 1-800-701-0501

Medicare Savings Program:

Financial assistance for low-income individuals to help pay for their Medicare premiums.

Online: <https://mybenefits.ny.gov/mybenefits/begin>

Local/Apply in person:

Lifespan/HIICAP Office, 1900 S. Clinton Ave, Rochester

Need help?

- NY Connects at Lifespan: (585) 325-2800

Medicaid:

A public health insurance program for individuals with low income and limited resources - eligibility criteria may vary based on your age and situation. Older adults who qualify may have both Medicare and Medicaid to cover the cost of health services. Medicaid can also be used to pay for long term care needs, such as home care, for those who qualify for care coverage.

Online:

▪ NYS Dept of Health:
https://www.health.ny.gov/health_care/medicaid
▪ NY State of Health (Health Insurance Marketplace):
<https://nystateofhealth.ny.gov>

Local/Apply in person:

- If you are 65 yrs or older, blind or disabled: Department of Human Services, 111 Westfall Rd, Rochester or Department of Human Services, 691 St Paul St, Rochester.
- If you are younger than 64 and not eligible for Medicare: contact a local insurance navigator service for locations near you:
▪ Coordinated Care Services, Inc: (585) 613-7662 x9
▪ Legal Assistance of WNY, (855) 250-7748

Need help?

- NY Connects at Lifespan: (585) 325-2800
- Monroe County Dept of Human Services Medicaid Division:
<https://www.monroecounty.gov/hs-assistance#medicaid>

**If you're looking
for help with...**

Options may include...

For more information...

Home Energy Costs
(Heating or Cooling)

Home Energy Assistance Program (HEAP):
A grant to offset the cost to heat or cool your home; emergency grants are available for those facing a utility shut off.

Online: <https://mybenefits.ny.gov/mybenefits/begin>
Local/Apply in person:
Lifespan, 1900 South Clinton Ave, Rochester
Need help? Lifespan, (585) 244-8400

Home Repair Costs

City of Rochester Housing Rehabilitation Programs:
Emergency home repair and home rehabilitation program grants for City residents. Income and other eligibility criteria may apply.

Online:
<https://www.cityofrochester.gov/HomeRepairGrants>
Local/Apply in person or call your neighborhood service center for details:
Northwest Quadrant Neighborhood Service Center
(585) 428-7620, 400 Dewey Ave, Rochester
Northeast Quadrant Neighborhood Service Center
(585) 428-7660, 500 Norton St, Rochester
Southwest Quadrant Neighborhood Service Center
(585) 428-7630, 923 Genesee St, Rochester
Southeast Quadrant Neighborhood Service Center
(585) 428-7640, 320 N Goodman St, Rochester

Monroe County Home Improvement Program (HIP):
Grants and loans to income-eligible homeowners for home repairs and improvements in suburban towns and villages.

Online:
<https://www.monroecounty.gov/planning-community>
Local/Apply in person:
Monroe County Community Development Office,
1150 CityPlace, 50 West Main St, Rochester
Need help?
Monroe County HIP: (585) 753-2000

Internet Service

Affordable Connectivity Program
A service of the Federal Communications Commission: Discounts toward internet service.

Online: www.fcc.gov/acp
Need help?
NY Connects at Lifespan, (585) 325-2800

Prescription Drug Costs

Elderly Pharmaceutical Insurance Coverage (EPIC) Program:
A program for income-eligible adults age 65 and older to supplement the cost of out-of-pocket Medicare Part D drug plan costs.

Online:
Paper applications only; order at:
https://www.health.ny.gov/health_care/epic
Local/Apply in person:
Lifespan/HIICAP Office,
1900 South Clinton Ave, Rochester
Need help? Lifespan, (585) 244-8400

Extra Help:
A federal program that helps pay most of your Medicare prescription drug (Part D) plan costs.

Online: www.ssa.gov
Local/Apply in person:
▪ Lifespan/HIICAP Office, 1900 S. Clinton Ave, Rochester
▪ Department of Human Services, 111 Westfall Rd, Rochester
▪ Department of Human Services, 691 St Paul St, Rochester
Need help? Lifespan, (585) 244-8400

***If you're looking
for help with...***

Options may include...

For more information...

**Telephone or
Cell Phone Services**

**Lifeline, a program of the Federal
Communications Commission:**
Land line/Wireless phone discounts
for qualifying low-income individuals.

Online:
<https://nv.fcc.gov/lifeline>
Need help?
NY Connects at Lifespan: (585) 325-2800

Transportation Costs

Transportation Access (TRAC) at Lifespan:
Free information and guidance about
affordable, accessible transportation
options; support to book rides/trips
with area providers.

Online:
<https://www.lifespan-roch.org/transportation>
Local:
Lifespan, 1900 South Clinton Ave, Rochester
Need help?
Mobility Managers at NY Connects (Lifespan),
(585) 325-2800

Veteran Services

Are you a veteran?
Monroe County's Veteran Service
Agency may be able to assist with
additional benefits and support, including
employment, housing, legal resources,
long term care services, discount card
program, and more.

Online:
<https://www.monroecounty.gov/vsa>
Local:
125 Westfall Rd, Rochester NY
Need help?
(585) 753-6040

Water Bills

**Low Income Household Water Assistance
Program (LIHWAP):**
Helps pay the cost of water and sewer
services for qualified households; can
be used to pay past-due bills.

Online:
<https://mybenefits.ny.gov/mybenefits/begin>
Local/Apply in person:
Department of Human Services,
111 Westfall Rd, Rochester
or
Department of Human Services, 691 St Paul St, Rochester
Need help?
NY Connects at Lifespan: (585) 325-2800



100 McAuley Drive, Suite 2000, Rochester, NY 14610
Tel: (585) 256-4351 • grapelder.org

Noble Companion

(585) 510-7070

1777 Penfield Road, Penfield, NY 14526

Pampered Parents, LLC

(585) 396-2144

27 West Main Street, Shortsville, NY 14548

**Practical Home and Independent Living Services:
PHILServices**

(585) 455-0322

25 East Avenue, Fairport, NY 14450

Scrubs on Call, LLC

(585) 905-0002

3678 State Rt. 5 & 20, P.O. Box 738

Canandaigua, NY 14424

Surrogate Son

(585) 626-7645

553 Wahlmont Drive, Webster, NY 14580

TCH - Trusted Care at Home

(585) 831-7404

Rochester, NY 14617

Tender Loving Family Care, Inc.

(585) 637-0333

2956 St. Paul Blvd., Rochester, NY 14617

Touching Hearts at Home

(585) 271-7390

3495 Winton Place, Building E, Suite 120

Rochester, NY 14623

Universal Care Services, LLC

(585) 230-0790

1200 Scottsville Rd., Suite 490E, Rochester, NY 14624

Veterans Caring for Veterans, Inc.

(727) 945-2682

164 East Main Street, #2, Webster, NY 14580

**Home Repair, Modification,
and/or Maintenance**

Companies or organizations available to hire that can make repairs and modifications to your home.

101 Mobility of Rochester

(585) 270-5689

2395 Dewey Avenue, Rochester, NY 14615

Access Lifts & Ramps★

(585) 247-1210

1523 Mt. Read Blvd., Rochester, NY 14606

Albright Remodeling, Inc.

(585) 230-4280

5205 Johnson Hill Drive, Canandaigua, NY 14424

**Catholic Charities Family & Community Services -
Homeworks★**

(585) 546-7220

79 North Clinton, Rochester, NY 14604

**Catholic Charities Family & Community Services -
STAR (Support to Aging Residents)★**

(585) 262-7050

79 North Clinton, Aging Services

Rochester, NY 14604

Cornell Construction Design

(585) 737-7136

P.O. Box 18532, Rochester, NY 14618

CP Rochester

(585) 334-6000

3399 Winton Road S., Rochester, NY 14623

Done by Benji

(585) 285-1711

Fonte Health Care Solutions★

(585) 338-1000

892 East Ridge Rd, Rochester, NY 14621

Home Improvement Program (HIP)★

(585) 753-2000

50 W. Main St. Suite 1150, Rochester, NY 14614

Housing Assistance Weatherization Program★

(585) 442-2030 x752

400 East Avenue, Rochester, NY 14607

Keuka Housing Council, Inc.

(315) 787-8707

160 Main Street, Penn Yan, NY 14527

Lifespan - Home-Safe-Home

(585) 244-8400

1900 S Clinton Avenue, Rochester, NY 14618

Numotion (FKA Monroe Wheelchair)

(585) 385-3920

2165 Brighton Henrietta Town Line Road, Suite 1
Rochester, NY 14623

Patriot Construction

(585) 720-0990
34 Lightfoot St., Rochester, NY 14623

**Practical Home and Independent Living Services:
PHILServices**

(585) 455-0322
25 East Avenue, Fairport, NY 14450

ReNu Surface Restoration

(585) 820-7453
17 Hilltop Drive, Pittsford, NY 14534

Sheen Housing

(585) 461-4263
150 French Road, Rochester, NY 14618

Trinity Home Renovations★

(585) 670-9042
758 South Ave, Rochester, NY 14620

Home Safety/Security

Organizations or programs that assess and make recommendations about home safety and security, as well as products available to assist in making you and your home safer.

360 Home Safety, LLC

(833) 823-9898
3376 Hunter Circle, Walworth, NY 14568

At Ease Aging LLC

(518) 495-9234

Doyle Security and Medical Monitoring

(585) 242-1625
792 Calkins Road, Rochester, NY 14623

Fonte Health Care Solutions★

(585) 338-1000
892 East Ridge Rd, Rochester, NY 14621

Lifespan - Home-Safe-Home

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Monarch Consulting

(585) 233-4687
5984 Monarch Drive, Farmington, NY 14425

Newton Lighting Enterprises Inc.

(585) 944-4158
76 Pinto Run, Spencerport, NY 14559

**Practical Home and Independent Living Services:
PHILServices**

(585) 455-0322
25 East Avenue, Fairport, NY 14450

Unity HealthCall

(585) 723-7444
1477 Long Pond Rd., Rochester, NY 14626

Westside Medical Supply

(585) 227-8750
765 Elmgrove Rd, Rochester, NY 14624

YourCare Medical Supply

(585) 377-5350
2160 Penfield Rd., Penfield, NY 14526

Personal Services

Personal services such as nail care, photography and memory books.

Andrea's Foot Care & Nails

(585) 381-4297
159 Wedgewood Dr, Penfield, NY 14526

Lifetime Connections

(585) 764-2501
202 Antlers Dr., Rochester, NY 14618

ROC Vox Recording and Production/Legacy Cast

(585) 200-4832
640 Kreag Road, Suite 103, Pittsford, NY 14534

Sweet Home Photography

(585) 703-2380
45 Denishire Drive, Rochester, NY 14624

Hospice Programs

Homes, programs and nursing homes that provide end-of-life care.

Aaron Manor Rehabilitation & Continuing Care Center

(585) 388-4415
100 St. Camillus Way, Fairport, NY 14450

Advent House

(585) 223-6112
1010 Moseley Road, Fairport, NY 14450

Aurora House Comfort Care Home

(585) 617-4863
2495 South Union Street, Spencerport, NY 14559

Benincasa

(585) 624-8070
3880 Rush-Mendon Road, Mendon, NY 14506

Comfort Care Program of St. John's Home★

(585) 271-0720
150 Highland Avenue, Rochester, NY 14620

Crest Manor Living and Rehabilitation Center

(585) 223-3633
6745 Pittsford-Palmyra Road, Fairport, NY 14450

Isaiah House, Inc.★

(585) 360-2635
71 Prince Street, Rochester, NY 14605

Journey Home

(585) 225-1240
994 Long Pond Road, Rochester, NY 14626

Leo Center for Caring★

(585) 697-6311
1500 Portland Avenue, Rochester, NY 14621

Monroe Community Hospital★

(585) 760-6500
435 East Henrietta Road, Rochester, NY 14620

Mt. Carmel House

(585) 366-4949
288 Frisbee Hill Road, Hilton, NY 14468

Nascentia Health

(888) 477-4663
1050 West Genesee St., Syracuse, NY 13204

Pines of Peace Comfort Care

(315) 524-2388
2378 Ridge Road, Ontario, NY 14519

Serenity House of Victor, Inc.

(585) 924-5840
1278 Brace Road, Victor, NY 14564

Shepherd Home

(585) 381-0890
1959 Five Mile Line Road, Penfield, NY 14526

Sunset House, Inc.

(585) 467-3524
3746 St Paul Boulevard, Rochester, NY 14617

The Friendly Home

(585) 381-1600
3156 East Ave., Rochester, NY 14618

UR Medicine Home Care Hospice

(585) 787-8315
2180 Empire Boulevard, Webster, NY 14580

Webster Comfort Care Home

(585) 872-5290
700 Holt Road, Webster, NY 14580

Housing Options

Senior living choices range from independent settings to those that provide a full range of support services.

Assisted Living

Consumers refer to these communities as “assisted living,” and are NYS Department of Health licensed and certified communities. To simplify your search, we listed all communities offering similar services into this sub-category: adult care facilities, adult homes, enriched housing programs, and assisted living residences. These communities can offer 12-24 hour staffing, help with personal care and medications, congregate meals (often 1-3 per day), transportation, housekeeping, laundry services, and recreation programs. Accommodations and amenities vary among communities. Contact communities directly for specific services and pricing information

Alpine Manor Home for Adults

(585) 346-5880
2714 Poplar Hill Road, Lima, NY 14485

Ashley Woods

(585) 546-8400
400 YMCA Way, Penfield, NY 14526

Ashton Place Senior Living

(315) 462-3140
190 Ashton Court, Clifton Springs, NY 14432

Atria Greece

(585) 225-3010
150 Towngate Road, Rochester, NY 14626

Atria Penfield

(585) 381-0282
2006 Five Mile Line Road, Penfield, NY 14526

Brentland Woods

(585) 546-8400
3831 East Henrietta Road, Henrietta, NY 14467

Cirrus Manor★

(585) 467-4544
2515 Culver Rd, Rochester, NY 14609

Clark Manor House

(585) 394-0965
318 Fort Hill Ave, Canandaigua, NY 14424

Clark Meadows at Ferris Hills

(585) 393-4330
1 Clark Meadows, Canandaigua, NY 14424

Cobbs Hill Manor Assisted Living (ALP)★

(585) 851-8696
1175 Monroe Ave, Rochester, NY 14620

Cottage Grove

(585) 594-8720
48 Cottage Grove Circle, North Chili, NY 14514

Crimson Ridge Meadows

(585) 720-9330
3 Treeline Drive, Rochester, NY 14612

Elderwood Village at Fairport

(585) 425-0210
7 Chardonnay Drive, Fairport, NY 14450

Elderwood Village at Greece

(585) 225-7210
1404 Long Pond Rd., Rochester, NY 14626

Evergreen Place Enhanced Assisted Living and Memory Care

(585) 637-3140
90 West Ave, Brockport, NY 14420

Fairport Baptist Homes Assisted Living Community

(585) 377-0350
4646 Nine Mile Point Road, Fairport, NY 14450

Family Service Enriched Housing Program at Jonathan Child Apartments (ALP)★

(585) 436-9462
399 Colvin Street, Rochester, NY 14611

Glenmere Assisted Living & Memory Care

(585) 248-1200
One Wheatley Terrace, Pittsford, NY 14534

GrandeVille Senior Living Community

(585) 621-6160
555 Maiden Lane, Rochester, NY 14616

Heather Heights

(585) 264-1600
160 W. Jefferson Rd, Pittsford, NY 14534

Heathwood Assisted Living & Memory Care

(585) 425-9663
100 ElderWood Court, Penfield, NY 14526

Hilton East Assisted Living

(585) 392-7171
231 East Avenue, Hilton, NY 14468

Horizons of Canandaigua

(585) 396-3390
3132 State Route 21 South, Canandaigua, NY 14424

Laurelwood at The Highlands at Pittsford

(585) 641-6389
300 Hahnemann Trail, Pittsford, NY 14534

Legacy at Cranberry Landing★

(585) 441-3011
300 Cranberry Landing Drive, Rochester, NY 14609

Legacy at Grande'Vie

(585) 441-6209
2140 Five Mile Line Rd., Penfield, NY 14526

Legacy at Maiden Park

(585) 797-2464
749 Maiden Lane, Rochester, NY 14615

Leroy Manor

(585) 768-6291
8678 Lake Street Road, Leroy, NY 14482

Morgan Estates Senior Living

(585) 243-6000
4588 Morgan View Road, Geneseo, NY 14454

Parkwood Heights Senior Living Community

(315) 986-9100
1340 Parkwood Drive, Macedon, NY 14502

Quail Summit

(585) 396-1010
5102 Parrish Street Extension
Canandaigua, NY 14424

Sage Harbor at Baywinde

(585) 280-5082
100 Kidd Castle Way, Webster, NY 14580

Seabury Woods

(585) 546-8400
110 Dalaker Drive, Rochester, NY 14624

Seneca Lake Terrace Assisted Living and Memory Care

(315) 789-4162
3670 County Road 6, Geneva, NY 14456

The Glen Assisted Living at Cherry Ridge

(585) 697-6700
900 Cherry Ridge Boulevard, Webster, NY 14580

The Hawthorne at St. John's Meadows★

(585) 473-8650
1 Johnsarbor Drive West, Rochester, NY 14620

The Homestead★

(585) 235-9100
256 Thurston Road, Rochester, NY 14619

The Landing of Brighton

(585) 271-1925
1350 Westfall Rd., Rochester, NY 14618

The Northfield

(585) 377-1810
4560 Nine Mile Point Road, Fairport, NY 14450

The Terrace at Newark

(315) 331-5282
208 Route 88 South, Newark, NY 14513

The Village at Mill Landing

(585) 720-3033
45 Mill Landing, Rochester, NY 14626

The Village at Unity

(585) 723-7442
1477 Long Pond Road, Rochester, NY 14626

Valley Manor Custom Apartment Homes

(585) 546-8400
1570 East Avenue, Rochester, NY 14610

Victor Views Assisted Living

(585) 398-7146
1440 State Route 444, Victor, NY 14564

Westwood Commons

(585) 293-2060
50 Union Square Boulevard, N. Chili, NY 14514

Wolk Manor

(585) 341-2307
4000 Summit Circle, Rochester, NY 14618

Woodcrest Commons

(585) 334-1800
4455 W. Henrietta Road, Henrietta, NY 14467

Assisted Living - Enhanced Care

Enhanced Assisted Living Residences offer the same amenities as assisted living residences, with additional care and services that support a resident's desire to remain where they are, or to age in place. Sometimes, a resident can stay in enhanced living and avoid costly nursing home care entirely - depending on the type of care needed and the care offered by the facility. Care includes assistance that is not typically provided in a traditional assisted living setting, such as help with walking, transferring, eating, intense incontinence care, injectable medications, wound care, and other skilled nursing services. Each enhanced living community may offer assistance with different types of care. It is important to call ahead to ask if the facility can offer the type of care needed.

Cottage Grove

(585) 594-8720
48 Cottage Grove Circle, North Chili, NY 14514

Creekstone Memory Care Residence

(585) 223-0160
20 Crossing Creek Drive, Fairport, NY 14450

Evergreen Place Enhanced Assisted Living and Memory Care

(585) 637-3140
90 West Ave, Brockport, NY 14420

Glenmere Assisted Living & Memory Care

(585) 248-1200
One Wheatley Terrace, Pittsford, NY 14534

GrandeVille Senior Living Community

(585) 621-6160
555 Maiden Lane, Rochester, NY 14616

Heather Heights

(585) 264-1600
160 W. Jefferson Rd, Pittsford, NY 14534

Heathwood Assisted Living & Memory Care

(585) 425-9663
100 ElderWood Court, Penfield, NY 14526

Legacy at Cranberry Landing★

(585) 441-3011
300 Cranberry Landing Drive, Rochester, NY 14609

Legacy at Grande'Vie

(585) 441-6209
2140 Five Mile Line Rd., Penfield, NY 14526

Legacy at Maiden Park

(585) 797-2464
749 Maiden Lane, Rochester, NY 14615

Linden House Senior Care Home★

(585) 503-7509
209 Linden Street, Rochester, NY 14620

Morgan Estates Senior Living

(585) 243-6000
4588 Morgan View Road, Geneseo, NY 14454

Seabury Woods

(585) 546-8400
110 Dalaker Drive, Rochester, NY 14624

The Glen Assisted Living at Cherry Ridge

(585) 697-6700
900 Cherry Ridge Boulevard, Webster, NY 14580

The Hawthorne at St. John's Meadows★

(585) 473-8650
1 Johnsarbor Drive West, Rochester, NY 14620

The Homestead★

(585) 235-9100
256 Thurston Road, Rochester, NY 14619

The Landing of Brighton

(585) 271-1925
1350 Westfall Rd., Rochester, NY 14618

The Village at Mill Landing

(585) 720-3033
45 Mill Landing, Rochester, NY 14626

Wolk Manor

(585) 341-2307
4000 Summit Circle, Rochester, NY 14618

Assisted Living - Memory Care

These communities are licensed by the NYS Department of Health as Special Needs Assisted Living Residences, and provide specialized care for those with memory impairments and other cognitive disorders who need specialized care and services. These may include support for wandering and wayfinding.

**Note: Care for individuals with Alzheimer's and other forms of dementia is also provided at the Nursing Home level of care, for those with more intense care needs.*

Ashley Woods

(585) 546-8400
400 YMCA Way, Penfield, NY 14526

Brookdale Pittsford

(585) 249-9990
159 Sully's Trail, Pittsford, NY 14534

Cottage Grove

(585) 594-8720
48 Cottage Grove Circle, North Chili, NY 14514

Creekstone Memory Care Residence

(585) 223-0160
20 Crossing Creek Drive, Fairport, NY 14450

Crimson Ridge Gardens

(585) 720-9310
1 Treeline Drive, Rochester, NY 14612

Evergreen Place Enhanced Assisted Living and Memory Care

(585) 637-3140
90 West Ave, Brockport, NY 14420

Glenmere Assisted Living & Memory Care

(585) 248-1200
One Wheatley Terrace, Pittsford, NY 14534

GrandeVille Senior Living Community

(585) 621-6160
555 Maiden Lane, Rochester, NY 14616

Heather Heights

(585) 264-1600
160 W. Jefferson Rd, Pittsford, NY 14534

Heathwood Assisted Living & Memory Care

(585) 425-9663
100 ElderWood Court, Penfield, NY 14526

Legacy at Cranberry Landing★

(585) 441-3011
300 Cranberry Landing Drive, Rochester, NY 14609

Legacy at Grande'Ve

(585) 441-6209
2140 Five Mile Line Rd., Penfield, NY 14526

Legacy at Maiden Park

(585) 797-2464
749 Maiden Lane, Rochester, NY 14615

Morgan Estates Senior Living

(585) 243-6000
4588 Morgan View Road, Geneseo, NY 14454

Quail Summit

(585) 396-1010
5102 Parrish Street Extension
Canandaigua, NY 14424

Rainier Grove Memory Care at Cherry Ridge

(585) 697-6702
900 Cherry Ridge Boulevard, Webster, NY 14580

Sage Harbor at Baywinde

(585) 280-5082
100 Kidd Castle Way, Webster, NY 14580

Seabury Woods

(585) 546-8400
110 Dalaker Drive, Rochester, NY 14624

The Homestead★

(585) 235-9100
256 Thurston Road, Rochester, NY 14619

The Landing of Brighton

(585) 271-1925
1350 Westfall Rd., Rochester, NY 14618

The Lodge at Wolk Manor

(585) 341-2307
7000 Summit Circle Drive, Rochester, NY 14618

The Village at Mill Landing

(585) 720-3033
45 Mill Landing, Rochester, NY 14626

The Village at Unity

(585) 723-7442
1477 Long Pond Road, Rochester, NY 14626

Assisted Living Programs (accepting Medicaid)

A community can be fully or partially licensed by NYS to provide an Assisted Living Program (ALP). Different from other licensed assisted living, Assisted Living Programs may accept Medicaid for payment of care and services. Assisted Living Programs offer more skilled services and care than traditional assisted living communities. Care may include help with walking, transferring, eating, intense incontinence care, injectable medications, wound care, and other skilled nursing services.

Cirrus Manor★

(585) 467-4544
2515 Culver Rd, Rochester, NY 14609

Cobbs Hill Manor Assisted Living★

(585) 851-8696
1175 Monroe Ave, Rochester, NY 14620

Fairport Baptist Homes Assisted Living Program

(585) 377-0350
4646 Nine Mile Point Road, Fairport, NY 14450

Family Service Enriched Housing Program at Jonathan Child Apartments (ALP)★

(585) 436-9462
399 Colvin Street, Rochester, NY 14611

Hilton East Assisted Living

(585) 392-7171
231 East Avenue, Hilton, NY 14468

Horizons of Canandaigua

(585) 396-3390
3132 State Route 21 South, Canandaigua, NY 14424

Leroy Manor

(585) 768-6291
8678 Lake Street Road, Leroy, NY 14482

Woodcrest Commons

(585) 334-1800
4455 W. Henrietta Road, Henrietta, NY 14467

Continuing Care Retirement Communities

Continuing Care Retirement Communities (CCRC) are retirement communities for older adults that offer multiple levels of care, often on one campus, and are regulated by the NYS Department of Health and NYS Department of Financial Services. Levels of care can include independent living, apartments, cottages (all of which may/may not offer supportive services and other amenities), assisted living, nursing home care, home care, social activities, health/wellness services, and more. What distinguished a CCRC from other types of housing is a substantial entrance fee, which can vary depending on the type of contract a resident chooses. This entrance fee helps to pay for the resident's expected health or long-term care expenses.

The Summit at Brighton - Jewish Senior Life

(585) 442-4500
2000 Summit Circle Drive, Rochester, NY 14618

Family Type Homes

Housing for adults who cannot or do not want to live on their own. Instead, they live in a private home or apartment with up to four people, unrelated to the owner of the home. Supportive services include meals, medication management, personal care (bathing, dressing, grooming), social support to take part in the home or local community, supervision, housekeeping and laundry. Home may provide care/support to individuals with low income or may only accept private pay. Family Type Homes are certified by the Office of Children and Family Services in New York State.

Linden House Senior Care Home★

(585) 503-7509
209 Linden Street, Rochester, NY 14620

Norton Place Home★

(585) 260-6139
Norton Street, Rochester, NY 14621

Housing Advisors

Housing Advisors are professionals knowledgeable about senior housing options. Advisors help consumers understand choices available, can screen or suggest assessment services to help identify the correct level of care needed, and can help navigate options based upon a consumer's preferences and financial situation. Some provide service at no-cost to a consumer, while others may charge on a fee-for-service basis. Professional credentials may vary.

A Place for Mom

(716) 548-4977
1300 Dexter Avenue North, Suite 400,
Seattle, WA 98109

CarePatrol of Buffalo Niagara Rochester and Syracuse

(585) 532-5558
140 Allens Creek Road, Suite 03, Rochester, NY 14618

Oasis Senior Advisors

(585) 642-2877

Senior Care Authority

(585) 666-3040
144 Fairport Village Landing, #366
Fairport, NY 14450

Independent Living

Patio Homes/Townhouses/Apartments for older adults. Some have services such as congregating dining, housekeeping, recreational programs and transportation. Additional service fees might apply.

Ashton Place Senior Living

(315) 462-3140
190 Ashton Court, Clifton Springs, NY 14432

Atria Penfield

(585) 381-0282
2006 Five Mile Line Road, Penfield, NY 14526

Autumn Grove Apartments

(585) 924-8740
1325 East Victor Road, Victor, NY 14564

Beatrice Place

(585) 546-8400
600 Denise Road, Rochester, NY 14616

Brickstone by St. John's★

(585) 271-1000
1325 Elmwood Avenue, Rochester, NY 14620

Castle Pointe at Baywinde

(585) 280-5081
200 Kidd Castle Way, Webster, NY 14580

Chateau at Heritage Square

(585) 431-3474
100 Isla Way, Brockport, NY 14420

Clark Meadows at Ferris Hills

(585) 393-4330
1 Clark Meadows, Canandaigua, NY 14424

Cloverwood Senior Living

(585) 248-1100
One Sinclair Drive, Pittsford, NY 14534

DeLand Acres

(585) 377-0350
DeLand Acres Drive, Fairport, NY 14450

ElizAl Court

(585) 388-2341
1027 Whitney Road, 4646 Nine Mile Point Road
Fairport, NY 14450

Ferris Hills at West Lake

(585) 393-0410
Peg Rayburn Drive, Canandaigua, NY 14424

Holiday by Atria at Fleming Point

(585) 262-4090
720 Latta Road, Rochester, NY 14612

Jefferson Park

(585) 377-6115
120 Jefferson Avenue, Fairport, NY 14450

Legacy at Clover Blossom

(585) 218-9000
100 McAuley Drive, Rochester, NY 14610

Legacy at Cranberry Landing★

(585) 441-3011
300 Cranberry Landing Drive, Rochester, NY 14609

Legacy at Erie Station

(585) 334-5006
1545 Erie Station Road, Henrietta, NY 14467

Legacy at Fairways

(585) 924-7043
681 High St., Victor, NY 14564

Legacy at Grande'Ve

(585) 441-6209
2140 Five Mile Line Rd., Penfield, NY 14526

Legacy at Park Crescent

(585) 865-0680

1000 Legacy at Park Crescent, Rochester, NY 14616

Legacy at Parklands

(585) 889-6590

2000 Park Creek Lane, Churchville, NY 14428

Legacy at Willow Pond

(585) 388-7663

40 Willow Pond Way, Penfield, NY 14526

Linden Knoll

(585) 789-4604

81 Linden Avenue, Rochester, NY 14610

Morgan Estates Senior Living

(585) 243-6000

4588 Morgan View Road, Geneseo, NY 14454

Orchard View Apartments

(585) 301-6454

1 Orchard View Drive, Rochester, NY 14612

Parkwood Heights Senior Living Community

(315) 986-9100

1340 Parkwood Drive, Macedon, NY 14502

Pinehurst

(585) 546-8400

1000 Pine Trail, Honeoye Falls, NY 14472

Quail Summit

(585) 396-1010

5102 Parrish Street Extension

Canandaigua, NY 14424

River Edge Manor★

(585) 546-8400

535 Mount Hope Avenue, Rochester, NY 14620

Rockwood Center

(585) 546-8400

3833 East Henrietta Road, Henrietta, NY 14467

Seabury Woods

(585) 546-8400

110 Dalaker Drive, Rochester, NY 14624

Solstice Senior Living at Fairport

(585) 218-9570

55 Ayrault Road, Fairport, NY 14450

St. Ann's Community at Chapel Oaks★

(585) 697-6600

1550 Portland Avenue, Rochester, NY 14621

St. Ann's Community at Cherry Ridge

(585) 697-6700

900 Cherry Ridge Boulevard, Webster, NY 14580

St. Ann's Community at the Greens

(585) 768-2740

1 West Avenue, LeRoy, NY 14482

St. John's Meadows★

(585) 473-8650

1 Johnsarbor Drive West, Rochester, NY 14620

The Gables of Brighton

(585) 461-1880

2001 Clinton Avenue South, Rochester, NY 14618

The Highlands at Pittsford

(585) 586-7600 x280

100 Hahnemann Trail, Pittsford, NY 14534

The Legends at North Ponds

(585) 872-9166

830 Holt Road, Webster, NY 14580

The Manor House Senior Living

(585) 344-2345

427 E. Main St., Batavia, NY 14040

The Summit at Brighton

(585) 442-4500

2000 Summit Circle Drive, Rochester, NY 14618

The Village at Unity

(585) 723-7442

1477 Long Pond Road, Rochester, NY 14626

The Woodlands

(585) 282-6095

10 Stonebrook Drive, Fairport, NY 14450

Valley Manor Custom Apartment Homes

(585) 546-8400

1570 East Avenue, Rochester, NY 14610

Village Heights Senior Apartments

(585) 425-9547

134 High Street, Fairport, NY 14450

Senior Apartments - Subsidized/Affordable

Subsidized/affordable housing uses financial resources (for example, Section 8) to supplement rental costs for residents. Limited services are sometimes available, such as on-site case management or recreational programming. Eligibility is based on income and asset limitations. Applications are required and waiting lists are common.

Abraham Lincoln Apartments★

(585) 544-9100
355 North Park Drive, Rochester, NY 14609

Ada Ridge Court Apartments

(585) 227-8990
1311 Long Pond Road, Rochester, NY 14626

Ahepa 67 Apartments

(585) 872-6300
100 Ahepa Circle, Webster, NY 14580

Alloway Manor

(585) 924-2560
1190 Clyde Drive, Farmington, NY 14425

Andrews Terrace Apartments★

(585) 325-5232
125 St. Paul Street, Rochester, NY 14604

Atwood Park Apartments★

(585) 247-0985
4 Atwood Drive, Rochester, NY 14606

Autumn Grove Apartments

(585) 924-8740
1325 East Victor Road, Victor, NY 14564

Avon on the Green

(585) 226-9221
113 Avon on the Green, Avon, NY 14414

Bloomfield Meadows

(585) 657-4680
25 Bloomfield Meadows, Bloomfield, NY 14469

Calkins Corners

(585) 321-0002
725 Calkins Road, Henrietta, NY 14623

CDS Housing

(585) 341-4600
860 Hard Road, Webster, NY 14580

Charlotte Harbortown Homes

(585) 621-4890
4575 Lake Avenue, Rochester, NY 14612

Charlotte Harbortown Homes - Riverview Highrise Apartments

(585) 621-4263
60 River Street, Rochester, NY 14612

Cobblestone Place at Webster

(585) 280-5083
1023 Ravenside Lane, Webster, NY 14580

Cobbs Hill Village

(585) 467-2442
645 Norris Drive, Rochester, NY 14610

College Greene Apartments

(585) 594-2805
45 College Greene Drive, N. Chili, NY 14514

Danforth Towers East and West★

(585) 697-7105
140 and 160 West Avenue, Rochester, NY 14611

DePaul Community Services

(585) 426-8000
1931 Buffalo Road, Rochester, NY 14624

Dunn Tower I★

(585) 429-5520
100 Dunn Tower Drive, Rochester, NY 14606

Dunn Tower II★

(585) 429-6840
200 Dunn Tower Drive, Rochester, NY 14606

E.L. Towers★

(585) 325-2580
500 South Avenue, Rochester, NY 14620

Edison Senior Apartments★

(585) 467-6410
797 Clifford Avenue, Rochester, NY 14607

Ehr-Dale Heights

(585) 293-9280
1 William James Drive, Churchville, NY 14428

ElizAl Court

(585) 388-2341
1027 Whitney Road, 4646 Nine Mile Point Road
Fairport, NY 14450

Elliott's Landing

(585) 427-8140
25 Linholme Drive, West Henrietta, NY 14586

Fairport Apartments

(585) 377-6560

1030 East Whitney Road, Fairport, NY 14450

Family Service Enriched Housing Program at Danforth Towers★

(585) 436-9400

140 West Avenue, Rochester, NY 14611

Family Service Enriched Housing Program at Hudson Ridge Tower★

(585) 266-5610

401 Seneca Manor Drive, Rochester, NY 14621

Family Service Enriched Housing Program at Jonathan Child Apartments (ALP)★

(585) 436-9462

399 Colvin Street, Rochester, NY 14611

Farmington Gardens

(585) 742-3986

6000 Mercier Boulevard,
Off Route 332 near Route 96, Farmington, NY 14425

Ferncliff Gardens Apartments★

(585) 224-8869

895 Fernwood Park, Rochester, NY 14609

Fielding Gardens

(585) 225-5990

293-A Alden Road, 2700 Elmwood Avenue. Suite A,
Rochester, NY 14618

Fort Hills Apartments

(585) 394-3280

235 North Main Street, Canandaigua, NY 14424

Glenwood Gardens★

(585) 697-7130

41 Kestral Street, Rochester, NY 14613

Goose Landing Senior Apartments

(585) 486-4529

4885 East River Road, West Henrietta, NY 14586

Hilton Manor Apartments

(585) 392-4500

1 Park Square, Hilton, NY 14468

Hilton Park Apartments

(585) 392-1429

100 Leith Lane, Hilton, NY 14468

Hobie Creek Apartments

(585) 266-4530

111 Brower Road, Rochester, NY 14622

Hudson Ridge Towers★

(585) 697-1130

401 Seneca Manor Drive, Rochester, NY 14621

Jefferson Park

(585) 377-6115

120 Jefferson Avenue, Fairport, NY 14450

Kennedy Tower★

(585) 697-7120

666 South Plymouth Avenue, Rochester, NY 14608

Lake Tower Apartments★

(585) 697-7135

321 Lake Avenue, Rochester, NY 14608

Lena Gantt Estates★

(585) 697-1100

86 Vienna Street, Rochester, NY 14605

Long Pond Senior Apts. LLC

(585) 225-0271

1 GBC Parkway, Rochester, NY 14626

Los Flamboyanes★

(585) 325-4070

100 Borinquen Plaza, Rochester, NY 14605

Macedon Manor

(315) 986-9885

1 Stone Street, Macedon, NY 14502

Midtown Manor★

(585) 546-3650

475 E. Broad Street, Rochester, NY 14607

Moore Park Apartments★

(585) 368-3250

11 Chili Avenue, Rochester, NY 14611

National Church Residencies

(585) 742-2854

1325 E. Victor Road, Upper Arlington, Ohio,
Victor, NY 14564

Newark Housing Authority

(315) 331-1574

200 Driving Park Circle, P.O. Box 108
Newark, NY 14513

Ogden Gardens Senior Living Community

(585) 617-3656

20 Kingsford Lane, Ogden, NY 14559

Park Place Apartments

(585) 637-6101

140 Park Avenue, Brockport, NY 14420

Park Ridge Commons

(585) 723-8688

1465 Long Pond Road, Rochester, NY 14626

Parliament Arms Apartments★

(585) 697-0267

2122 St. Paul Street, Rochester, NY 14621

Pinnacle Apartments LLC★

(585) 442-9440

919 S. Clinton Avenue, Rochester, NY 14620

Plymouth Gardens, Inc.★

(585) 235-6010

1400 S. Plymouth Avenue, Rochester, NY 14611

Providence Housing Development Corporation

(585) 529-9555

1150 Buffalo Road, Rochester, NY 14624

Quinby Park Apartments

(585) 671-1450

1030 Shoecraft Road, Webster, NY 14580

R. L. Edwards Manor★

(585) 546-4701

615 Clarissa St, Rochester, NY 14608

Red Maple Apartments

(585) 424-5480

55 Linholm Drive, W. Henrietta, NY 14586

Resch Commons Apartments

(585) 621-4263

600 Island Cottage Road, Rochester, NY 14612

Rochester Housing Authority★

(585) 697-7180

675 West Main Street, Rochester, NY 14611

Rochester Management, Inc.★

(585) 467-2442

249 Norton Village Lane, Rochester, NY 14609

Rochester Regional Hudson Housing

(585) 266-2500

2026 Hudson Ave, Rochester, NY 14617

Rochester's Cornerstone Group, Ltd.

(585) 424-1400

460 White Spruce Blvd., Rochester, NY 14623

Rockwood Center

(585) 546-8400

3833 East Henrietta Rd, Henrietta, NY 14467

Rose Hollow Apartments

(585) 388-2341

29 Durant Place, Fairport, NY 14450

Royal Gardens Apartments

(585) 637-8220

100 Royal Gardens Way, Brockport, NY 14420

Seneca Towers, Inc.★

(585) 467-3727

200 Seth Green Drive, Rochester, NY 14621

Seth Green Park★

(585) 467-2442

93 Seth Green Drive, Rochester, NY 14621

South Village Apartments★

(585) 544-2690

2515 Culver Rd., Suite 200, Rochester, NY 14609

Springside Meadows

(585) 359-3320

125 Scottsville-W. Henrietta Road

W. Henrietta, NY 14586

St. Bernard's Park Apartments

(585) 458-9000

2260 Lake Avenue, Rochester, NY 14612

St. Jude Apartments★

(585) 247-1060

4075 Lyell Road, Rochester, NY 14606

St. Jude II Apartments★

(585) 426-2350

4099 Lyell Avenue, Rochester, NY 14606

St. Michael's Senior Apartments I and II★

(585) 232-8356

108 Evergreen Street, Rochester, NY 14605

St. Salome Apartments and Patio Homes

(585) 544-9151

4260 Culver Road, Rochester, NY 14622

Stonewood Village

(585) 334-0440

200 Myrtlewood Drive, Henrietta, NY 14467

The Gardens at Gananda

(315) 986-4088

3503 Canadaigua Road, Macedon, NY 14502

The Gardens at Penfield Square

(585) 678-4900

200 YMCA Way, Penfield, NY 14526

The Landmark at Sibley Square★

(585) 229-6274

260 East Main St Suite 2000, Rochester, NY 14604

The Northfield

(585) 377-1810

4560 Nine Mile Point Road, Fairport, NY 14450

Thompson Senior Apartments

(585) 394-2420

120 North Main St., Canandaigua, NY 14424

Totiakton Manor

(585) 624-1970

200 Pine Trail, Honeoye Falls, NY 14472

Union Park

(585) 293-9150

49 Union Park Square, North Chili, NY 14514

University Tower★

(585) 697-7180

625 University Avenue, Rochester, NY 14607

Upper South Street

(585) 243-1664

600 Country Lane, Geneseo, NY 14454

Wellington Woods

(585) 637-6713

702 Wellington Woods, Brockport, NY 14420

West Town Village

(585) 321-3420

60 Hendrix Road, West Henrietta, NY 14586

Westfall Heights★

(585) 730-8338

79 Metropolitan Drive, Rochester, NY 14620

Wilcox Lane Apartments

(585) 394-4292

40 Wilcox Lane, Canandaigua, NY 14424

Insurance

General Insurance

Coordinated Care Services (CCSI)★

(585) 613-7673

1099 Jay Street Bldg. 1, Rochester, NY 14611

J.D. Chapman Agency, Inc.

(315) 986-4062

66 Main St., Macedon, NY 14502

Lifetime Financial Group★

(585) 325-2525

35 State Street, Rochester, NY 14614

Paris Kirwan Associates★

(585) 473-8000

255 East Ave., Rochester, NY 14604

Pullano & Company

(585) 218-0904

15 Schoen Place 1st flr. East, Pittsford, NY 14534

Sage Ruddy & Co., Inc.

(585) 512-2348

100 Corporate Woods, Suite 300

Rochester, NY 14623

Health Insurance

AETNA

(585) 353-0058

236 Henderson Dr, Rochester, NY 14526

Coordinated Care Services (CCSI)★

(585) 613-7673

1099 Jay Street Bldg. 1, Rochester, NY 14611

Excellus Blue Cross & Blue Shield of the Rochester Area

(585) 794-8721

165 Court Street, 6th Floor North

Rochester, NY 14647

Fidelis Care New York

(888) 343-3547

MVP Health Care★

(585) 325-3920

220 Alexander Street, Rochester, NY 14607

New York State of Health
(855) 355-5777

Pullano & Company
(585) 218-0904
15 Schoen Place 1st flr. East, Pittsford, NY 14534

United Healthcare
(716) 836-0823
411 Theodore Fremd Ave, Tonawanda, NY 14150

Life Insurance

Glasbergen Insurance Services
(585) 455-2356
1597 Brattleboro Dr., Webster, NY 14580

Leading Senior Benefits
(585) 233-2692
1880 East Ridge Road, Rochester, NY 14622

Lifetime Financial Group★
(585) 325-2525
35 State Street, Rochester, NY 14614

Long Term Care Insurance

Bill Gilbert Insurance
(585) 710-2278
PO Box 2, Fairport, NY 14450

Jayne R Van Zile, CLTC
(585) 314-0834
92 S Main Street, P O Box 744, Fairport, NY 14450

Legacy on Main
(585) 469-1563
212 E Main St, Batavia, NY 14020

New York State Partnership for Long-Term Care
(518) 474-0662
One Commerce Plaza, Rm 1620, Albany, NY 12210

Medicare Products and Services

AETNA
(585) 353-0058
236 Henderson Dr, Rochester, NY 14526

Ahrens Benefits Company
(585) 349-3337 x204
2800 Dewey Ave., Rochester, NY 14616

Bill Gilbert Insurance
(585) 710-2278
PO Box 2, Fairport, NY 14450

CDPHP - Capital District Physicians Health Plan
(585) 895-7731
500 Patroon Creek Blvd., Albany, NY 12206

Century Benefits Group, Inc.
(585) 224-8138
400 White Spruce Blvd Suite C, Rochester, NY 14623

Coordinated Care Services (CCSI)★
(585) 613-7673
1099 Jay Street Bldg. 1, Rochester, NY 14611

Elderplan
(585) 217-2952
9 Golden Bell Court, Fairport, NY 14450

Excellus Blue Cross & Blue Shield of the Rochester Area
(585) 794-8721
165 Court St., 6th Floor North, Rochester, NY 14647

Integrity Health and Life
(585) 880-9014
158 Schnackel Drive, Rochester, NY 14622

Kathleen P. Coler
(585) 298-6288
2000 Winton Rd. South, Bldg 4, Rochester, NY 14618

Leading Senior Benefits
(585) 233-2692
1880 East Ridge Road, Rochester, NY 14622

Lifespan Health Insurance Information Counseling and Assistance Program (HIICAP)
(585) 244-8400
1900 S. Clinton Avenue, Rochester, NY 14618

Lifetime Financial Group★
(585) 325-2525
35 State Street, Rochester, NY 14614

M.W. Consultant
(585) 820-8188
1223 Red Fox Run, Victor, NY 14564-8927

Maust and Leone Medicare Advisors

(585) 563-7979

1225 Jefferson Road, Suite A03, Rochester, NY 14623

Medicare Made Easy★

(585) 880-5327

130 Wyndham Road, Rochester, NY 14609

Medicare Rights Center

(800) 333-4114

266 West 37th Street, 3rd Floor, New York, NY 10018

MVP Health Care★

(585) 325-3920

220 Alexander Street, Rochester, NY 14607

NYS EPIC (Elderly Pharmaceutical Insurance Coverage)

(800) 332-3742

PO Box 15018, Albany, NY 12214

Paris Kirwan Associates★

(585) 473-8000

255 East Ave., Rochester, NY 14604

Pullano & Company

(585) 218-0904

15 Schoen Place 1st flr. East, Pittsford, NY 14534

ROC Insurance Services, Inc.

(585) 413-0483

2000 Winton Rd. South Bldg. 4, Suite 100

Rochester, NY 14618

Sage Ruddy & Co., Inc.

(585) 512-2348

100 Corporate Woods, Suite 300

Rochester, NY 14623

Sharlene Nally - Medicare Advisor

(585) 733-0831

1225 Jefferson Road, Suite A03, Rochester, NY 14623

Teresa Jaycox - Independent Licensed Insurance Agent

(585) 943-6588

Valerie Hall - NYS Licensed Medicare Broker

(585) 490-9491

1225 Jefferson Rd, Suite A03, Rochester, NY 14623

Legal Services

Agency Based Legal Services

Legal services available through an agency, not a law practice.

Center for Elder Law & Justice

(716) 853-3087

438 Main St. Suite 1200, Buffalo, NY 14202

Empire Justice Center★

(585) 454-4060

1 West Main Street, Suite 200, Rochester, NY 14614

Just Cause★

(585) 232-3051

1 West Main St 5th Floor, Rochester, NY 14614

Legal Aid Society of Rochester★

(585) 232-4090

One West Main Street, Rochester, NY 14614

Legal Assistance of Western New York, Inc. (LawNY)★

(585) 325-2520

1 West Main Street, Suite 400, Rochester, NY 14614

Lifespan - Family Coaching/Mediation

(585) 244-8400

1900 South Clinton Avenue, Rochester, NY 14618

Lifespan - Guardianship Program

(585) 244-8400

1900 S Clinton Avenue, Rochester, NY 14618

Elder Law Attorneys

Elder law spans and encompasses elder care planning issues, such as access to the appropriate type of medical and personal care, coordinating private and public resources to finance the cost of care, income assistance benefits, taxation, conservatorship, general estate planning, estate and trust administration issues, counseling and planning for incapacity with medical directives, advanced directives and other alternative decision-making documents, as well as for possible long-term care planning issues, including home health care, nursing home care, hospice and respite care.

Boylan Code - Attorneys★

(585) 238-3528

145 Culver Rd, Suite 100, Rochester, NY 14620

Escolas Law

(508) 330-2571

9 East Street, Honeoye Falls, NY 14472

Evans Fox LLP

(585) 241-5971

100 Meridian Centre Blvd., Suite 300
Rochester, NY 14618

Harris Beach, PLLC

(585) 419-8800

99 Garnsey Road, Pittsford, NY 14534

Katie Hoppin, Esq.

(585) 730-8207

132 Allens Creek Rd, Rochester, NY 14618

Kroll Proukou LLP

(585) 271-4470

2425 Clover Street, Rochester, NY 14618

Lacy Katzen, LLP★

(585) 324-5778

600 Bausch & Lomb Place, Rochester, NY 14604

Law Office of Jason S. DiPonzio

(585) 530-8515

2024 West Henrietta Rd. Suite 3C
Rochester, NY 14623

Law Office of Michael Robinson, P.C.

(585) 374-5210

1163 Pittsford-Victor Road, Suite 120
Pittsford, NY 14534

Law Office of Samantha J. Crane

(585) 455-1774

7450 Pittsford-Palmyra Road, Fairport, NY 14450

Law Offices of Todd Gustafson, Esq.

(585) 230-6298

340 Packett's Landing, Fairport, NY 14580

McConville, Considine, Cooman & Morin PC

(585) 512-3511

300 Meridian Center Blvd. Suite 110
Rochester, NY 14618

Pellittiere & Jonsson PLLC

(585) 347-2840

441 Penbrooke Dr., Suite 12, Penfield, NY 14526

Piede Law, LLP

(585) 270-8824

1100 Long Pond Rd. #214, Rochester, NY 14626
674 Ridge Rd., Webster, NY 14580

Schum & Werner, PLLC

(585) 352-0700

43 Nichols Street, Spencerport, NY 14559

Weinstein & Randisi

(585) 310-1578

290 Linden Oaks, Suite 200, Rochester, NY 14625

Woods Oviatt Gilman LLP★

(585) 987-2800

1900 Bausch and Lomb Place, Rochester, NY 14604

LGBTQ+ Services

Rainbow Seniors ROC

(585) 910-9886

PO Box 24156, Rochester, NY 14624

Trillium Health★

(585) 545-7200

259 Monroe Ave, Rochester, NY 14607-3632

Mental Health Services

Inpatient/Residential Mental Health & Wellness Services

Facilities with specialized care units or housing arrangements for those suffering from mental illness.

Behavioral Health Network, Rochester Regional Health
(585) 922-2500

DePaul Community Services
(585) 426-8000
1931 Buffalo Road, Rochester, NY 14624

Rochester General Hospital★
(585) 922-4000
1425 Portland Avenue, Rochester, NY 14621

Rochester Psychiatric Center★
(585) 241-1200
1111 Elmwood Avenue, Rochester, NY 14620

Unity Hospital
(585) 723-7000
1555 Long Pond Road, Rochester, NY 14626

UR Medicine
(585) 275-2100
601 Elmwood Avenue, Rochester, NY 14642

Outpatient Mental Health & Wellness Services

Non-residential mental health services.

American Elder Care Mental Health Services
(585) 735-0060
24 West Ave, STE 203, Spencerport, NY 14559

Behavioral Health Network, Rochester Regional Health
(585) 922-2500

Catholic Charities Family & Community Services - Aging and Adult Services★
(585) 262-7050
79 North Clinton, Aging and Adult Dept.
Rochester, NY 14604

Emily Krohn, Licensed Clinical Social Worker-R
(585) 267-5938
1815 South Clinton Ave., Suite 630
Rochester, NY 14618

Mental Health Association of Rochester/Monroe County★
(585) 325-3145
320 N. Goodman Street, Suite 202
Rochester, NY 14607

Rochester General Hospital★
(585) 922-4000
1425 Portland Avenue, Rochester, NY 14621

Rochester Psychiatric Center★
(585) 241-1200
1111 Elmwood Avenue, Rochester, NY 14620

Senior Life LLC, Geriatric Care Managers
(585) 424-2424
2425 Clover Street, Suite A-2, Rochester, NY 14618

True Story Counseling Services
(585) 488-5515
144 Village Landing, #287, Fairport, NY

UR Medicine Mental Health & Wellness
Older Adult Services★
(585) 279-7849
315 Science Parkway, Suite 200, Rochester, NY 14620

Support Groups and Counseling

American Elder Care Mental Health Services
(585) 735-0060
24 West Ave, STE 203, Spencerport, NY 14559

Trillium Health★
(585) 545-7200
259 Monroe Ave, Rochester, NY 14607-3632

True Story Counseling Services
(585) 488-5515
144 Village Landing, #287, Fairport, NY

UR Medicine Home Care
(800) 253-4439
2180 Empire Boulevard, Webster, NY 14580

Moving, Household and Estate Services

Assist with moving, downsizing, organizing and more

Becker Movers★

(585) 458-5480
1523 Mt. Read Blvd., Rochester, NY 14606

Broom Clean Estate Services

(585) 746-2374
1241 Park Ave, Rochester, NY 14610

Caring Transitions

(585) 978-3025
357 Pelham Road, Rochester, NY 14610

Clark Moving and Storage

(585) 617-3513
3680 Buffalo Road, Rochester, NY 14624

Daisy Estate & Household Sales

(585) 223-7028
54 Clarks Crossing, Fairport, NY 14450

Elder Transition Consulting, LLC

(716) 440-0933
244 Ashwood Lane, Orchard Park, NY 14127

Handle With Care Moving Services★

(585) 413-1289
180 St. Paul St., Suite 102, Rochester, NY 14604

Joe's Moving Company

(585) 766-4890
145 Sachem Way, Rochester, NY 14617

LiveSimply Senior Transitions

(585) 530-9290
10 Hunters Dr. North, Fairport, NY 14450

Loyal Helper Group, LLC

(585) 667-0942
1066 Everwild View, Webster, NY 14580

OCDwithGNG LLC

(585) 360-8992
181 Annie Lane, Rochester, NY 14626

Organized Home and Living

(585) 202-8498
112 Ladue Rd., Brockport, NY 14420

Sharyn Emerick Estate Sales
(585) 381-3065

Structured Style

(585) 223-0929
36 Filkins St, Fairport, NY 14450

Supportive Organizing Solutions★

(585) 233-1298
94 Oliver Street, Rochester, NY 14607

TLC Household and Estate Sales - Appraisal Services

(585) 746-8670
844 Houston Rd, Webster, NY 14580

Your Best Move LLC

(585) 319-2972
581 Bending Bough Dr., Webster, NY

Nursing Homes

Also known as Skilled Nursing Facilities (SNF), Nursing Homes provide 24-hour medical and social services to frail elderly and chronically disabled individuals, and those in need of rehabilitation. All nursing homes provide inpatient rehabilitation. These residential facilities represent the most complex level of senior care on a short or long term basis. Many have Alzheimer's/Special Care Units designed to serve individuals with memory impairments. Some offer short-term respite stays. A Patient Review Instrument (PRI) assessment and screening is required to authorize care in a nursing home.

Link to Centers for Medicare and Medicaid Federal Star Ratings of Nursing Homes in Monroe County <https://bit.ly/3Af7YNf>

Alzheimers' Disease/Memory Care Units

DeMay Living Center

(315) 332-2700
100 Sunset Drive, Newark, NY 14513

Edna Tina Wilson Living Center

(585) 368-6100
700 Island Cottage Road, Rochester, NY 14612

Elderwood at Hornell

(607) 661-5475
One Bethesda Drive, Hornell, NY 14843

Episcopal Church Home★

(585) 546-8400
505 Mt. Hope Avenue, Rochester, NY 14620

Huntington Living Center

(315) 787-4733
369 E. Main Street, Waterloo, NY 13165

Jewish Home of Rochester

(585) 784-6395
2021 Winton Road South, Rochester, NY 14618

Kirkhaven★

(585) 461-1991
254 Alexander Street, Rochester, NY 14607

Monroe Community Hospital★

(585) 760-6500
435 East Henrietta Road, Rochester, NY 14620

St. Ann's Home★

(585) 697-6000
1500 Portland Avenue, Rochester, NY 14621

St. John's Home★

(585) 760-1300
150 Highland Avenue, Rochester, NY 14620

The Friendly Home

(585) 381-1600
3156 East Ave., Rochester, NY 14618

The Highlands at Brighton

(585) 442-7960
5901 Lac De Ville Boulevard, Rochester, NY 14618

The Highlands Living Center

(585) 383-1700
500 Hahnemann Trail, Pittsford, NY 14534

Unity Living Center★

(585) 481-3507
89 Genesee Street, Rochester, NY 14611

Wayne County Nursing Home

(315) 946-5673
1529 Nye Road, Lyons, NY 14489

Wesley Gardens★

(585) 685-2525
3 Upton Park, Rochester, NY 14607

Nursing Homes

Aaron Manor Rehabilitation & Continuing Care Center

(585) 388-4415
100 St. Camillus Way, Fairport, NY 14450

Avon Nursing & Rehabilitation

(585) 226-2225
215 Clinton Street, Avon, NY 14414

Conesus Lake Nursing & Rehabilitation

(585) 346-3001
6131 Big Tree Road, Livonia, NY 14487

Crest Manor Living and Rehabilitation Center

(585) 223-3633
6745 Pittsford-Palmyra Road, Fairport, NY 14450

DeMay Living Center

(315) 332-2700
100 Sunset Drive, Newark, NY 14513

Edna Tina Wilson Living Center

(585) 368-6100
700 Island Cottage Road, Rochester, NY 14612

Elderwood at Hornell

(607) 661-5475

One Bethesda Drive, Hornell, NY 14843

Elderwood of Lakeside at Brockport

(585) 395-6052

170 West Avenue, Brockport, NY 14420

Elm Manor Rehab and Nursing Home

(585) 394-3883

210 N. Main Street, Canandaigua, NY 14424

Episcopal Church Home★

(585) 546-8400

505 Mt. Hope Ave., Rochester, NY 14620

Fairport Baptist Homes

(585) 377-0350

4646 Nine Mile Road, Fairport, NY 14450

Hamilton Manor Nursing & Rehabilitation

(585) 225-0450

1172 Long Pond Road, Rochester, NY 14626

Jewish Home of Rochester Farash Tower and Green House Cottages

(585) 784-6395

2021 Winton Road South, Rochester, NY 14618

Kirkhaven★

(585) 461-1991

254 Alexander Street, Rochester, NY 14607

Latta Road Nursing Home East

(585) 225-0920

2102 Latta Road, Rochester, NY 14612

Latta Road Nursing Home West

(585) 225-0910

2100 Latta Road, Rochester, NY 14612

LeRoy Village Green

(585) 768-2561

10 Munson Street, LeRoy, NY 14482

Living Center at Geneva - North

(315) 787-4733

75 Mason Street, Geneva, NY 14456

Living Center at Geneva - South

(315) 787-4730

45 Mason Street, Geneva, NY 14456

M.M. Ewing Continuing Care Center

(585) 396-6040

350 Parrish Street, Canandaigua, NY 14424

Maplewood Nursing and Rehabilitation

(585) 872-1800

100 Daniel Drive, Webster, NY 14580

McCormick Transitional Care Center

(585) 726-7205

1555 Long Pond Road, Rochester, NY 14626

Monroe Community Hospital★

(585) 760-6500

435 East Henrietta Road, Rochester, NY 14620

New York State Veterans Home, Batavia

(585) 345-2000

220 Richmond Avenue, Batavia, NY 14020

Newark Manor Nursing & Rehabilitation

(315) 331-4690

222 West Pearl Street, Newark, NY 14513

Ontario Center for Rehab & Health Care

(585) 520-1717

3062 County Complex Dr, Canandaigua, NY 14424

Penfield Place Nursing & Rehabilitation

(585) 586-7433

1700 Penfield Road, Penfield, NY 14526

Rochester Center for Rehabilitation and Nursing

(585) 247-7880

525 Behan Rd., Rochester, NY 14624

Rochester Community Nursing and Rehabilitation Center

(585) 482-3500

989 Blossom Road, Rochester, NY 14610

Seneca Nursing & Rehabilitation Center

(315) 539-9202

200 Douglas Drive, Waterloo, NY 13165

Sodus Rehabilitation and Nursing Center

(315) 483-9118

6884 Maple Avenue, Sodus, NY 14551

St. Ann's Care Center at Cherry Ridge

(585) 697-6700

900 Cherry Ridge Boulevard, Webster, NY 14580

St. Ann's Home★

(585) 697-6000

1500 Portland Avenue, Rochester, NY 14621

St. John's Green House Homes

(585) 760-7319

Arbor Ridge Community, Penfield, NY 14526

St. John's Home★

(585) 760-1300

150 Highland Avenue, Rochester, NY 14620

The Brightonian★

(585) 271-8700

1919 Elmwood Avenue, Rochester, NY 14620

The Brook at High Falls★

(585) 342-5540

2150 St. Paul St., Rochester, NY 14621

The Friendly Home

(585) 381-1600

3156 East Ave., Rochester, NY 14618

The Highlands at Brighton

(585) 442-7960

5901 Lac De Ville Boulevard, Rochester, NY 14618

The Highlands Living Center

(585) 383-1700

500 Hahnemann Trail, Pittsford, NY 14534

The Homestead at Soldiers and Sailors Memorial Hospital

(315) 787-4733

418 N. Main Street, Penn Yan, NY 14527

The Hurlbut Nursing & Rehabilitation

(585) 424-4770

1177 East Henrietta Road, Rochester, NY 14623

The Pearl Nursing Center★

(585) 544-4000

1335 Portland Avenue, Rochester, NY 14621

Waterview Heights Rehabilitation & Nursing Center

(585) 663-0930

425 Beach Ave., Rochester, NY 14612

Unity Living Center★

(585) 481-3507

89 Genesee Street, Rochester, NY 14611

Wayne County Nursing Home

(315) 946-5673

1529 Nye Road, Lyons, NY 14489

Wedgewood Rehab & Nursing Center

(585) 352-4810

5 Church Street, Spencerport, NY 14559

Wegman Family Cottages at Park Ridge Living Center

(585) 723-7205

1555 Long Pond Road, Rochester, NY 14626

Wesley Gardens★

(585) 685-2525

3 Upton Park, Rochester, NY 14607

Woodside Manor Nursing Home & Rehabilitation

(585) 461-0370

2425 Clinton Avenue S., Rochester, NY 14618

Pet Services

Doorbell Vet★

(585) 441-0200

1874 E. Main St., Rochester, NY 14609

Lap of Love

(585) 563-5993

Rochester, NY

Lollypop Farm, Humane Society of Greater Rochester

(585) 223-1330

99 Victor Road, Fairport, NY 14450

Pets at Peace by Harris Funeral Home

(585) 544-2041

570 Kings Highway, Rochester, NY 14617

Referral Agencies

Referral agencies can direct you to the service or organization that can best help with your needs.

211/LIFE LINE★

(585) 275-5151
422 S. Clinton Ave, Rochester, NY 14620

Funeral Consumers Alliance of Greater Rochester, Inc.

(585) 461-1620
P.O. Box 77162, Rochester, NY 14617

Greater Rochester Area Partnership for the Elderly (GRAPE)

(585) 256-4351
100 McAuley Drive, Suite 2000, Rochester, NY 14610

Griswold Home Care of Greater Rochester

(585) 763-0040
550 Latona Rd., Bldg D, Suite 408
Rochester, NY 14626

Lifespan

(585) 244-8400
1900 South Clinton Avenue, Rochester, NY 14618

Monroe Housing Collaborative★

(585) 445-5699
1000 Elmwood Ave Suite 300, Rochester, NY 14620

National Association of Social Workers - Genesee Valley Division

(518) 463-4741
188 Washington Ave., Albany, NY 12210

National Council on Alcoholism and Drug Dependence - Rochester Area

(585) 719-3480
1931 Buffalo Road, Rochester, NY 14624

Pathstone★

(585) 340-3300
400 East Avenue, Rochester, NY 14607

Senior Wishes

(716) 508-2121
One Fox Run Lane, Orchard Park, NY 14127

UR Medicine Physician Referral

(844) 500-8763
601 Elmwood Avenue, P.O. Box 706
Rochester, NY 14642

Victim Assistance Unit - MCSO - Henrietta NY

(585) 753-4403
393 Calkins Road, Henrietta, NY 14623

Victim Assistance Unit - MCSO - Penfield NY

(585) 753-4389
955 S. Panorama Trl., Rochester, NY 14625

Victim Assistance Unit - MCSO - Spencerport NY

(585) 753-4455
2330 Union Street, Spencerport, NY 14559

Rehabilitation Services

Rehabilitation services provide various combinations of professional therapies and medically-related disciplines to restore strength and improve living skills. Those listed here are for outpatient only; all nursing homes offer inpatient rehabilitation.

Outpatient

Provides professional therapies to restore strength and improve living skills.

Atkin Center for Outpatient Rehabilitation - A Program of Jewish Senior Life

(585) 784-6530
2021 Winton Road South, Rochester, NY 14618

DriveOn - A Program of Rochester Rehabilitation offered through Jewish Senior Life

(585) 784-6530
2021 Winton Road South, Rochester, NY 14618

Fox Rehabilitation

(877) 407-3422
7 Carnegie Plaza, Cherry Hill, NJ 08003

Genesee Valley Physical Therapy (GVPT)

(585) 671-0850
1670 Empire Blvd, Suite 400, Webster, NY 14580

Happiness House/Finger Lakes United Cerebral Palsy, Inc.

(315) 789-6828
5415 County Road 30, Canandaigua, NY 14424

Individual Health Services - Developmentally Disabled Older Adult Program

(585) 334-6000
3399 Winton Road South, Rochester, NY 14623

Physical Therapy Services of Rochester

(585) 427-7190

540 White Spruce Blvd., Rochester, NY 14623

Salvation Army Center for Adult Rehabilitation★

(585) 987-9500

70 Liberty Pole Way, Rochester, NY 14604

Thrive Physical Therapy

(585) 851-8259

UR Medicine Home Care

(800) 253-4439

2180 Empire Boulevard, Webster, NY 14580

Vocational

Vocational rehabilitation is a program of services designed to enable people with disabilities to become or remain employed.

ACCES - VR★

(585) 238-2900

109 S. Union Street, Rochester, NY 14607

Hickok Center for Brain Injury, Inc.

(585) 271-8640

2320 Brighton Henrietta Town Line Rd,

Suite 400 & 500, Rochester, NY 14623

Lifetime Assistance, Inc.

(585) 426-4120 x3100

425 Paul Rd., Rochester, NY 14624

New York State Commission for the Blind and Visually Handicapped★

(585) 238-8110

259 Monroe Avenue, Room 303, Rochester, NY 14607

Rochester Rehabilitation Center Drive On★

(585) 271-2520

1000 Elmwood Ave, Rochester, NY 14620

Respite Care

Respite Care can provide relief to a caregiver by providing a supportive environment for a loved one while the caregiver is vacationing, traveling on business, or during an illness. Respite Care can be provided in the home or in a facility.

Facility-based Respite Providers

Cottage Grove

(585) 594-8720

48 Cottage Grove Circle, North Chili, NY 14514

CP Rochester

(585) 334-6000

3399 Winton Road S., Rochester, NY 14623

Crimson Ridge Gardens

(585) 720-9310

1 Treeline Drive, Rochester, NY 14612

Elderwood at Hornell

(607) 661-5475

One Bethesda Drive, Hornell, NY 14843

Greece Baptist Church - Give Me a Break

(585) 730-1719

1230 Long Pond Road, Rochester, NY 14626

Hamilton Manor Nursing & Rehabilitation

(585) 225-0450

1172 Long Pond Road, Rochester, NY 14626

Heather Heights

(585) 264-1600

160 W. Jefferson Rd, Pittsford, NY 14534

Laurelwood at The Highlands at Pittsford

(585) 641-6389

300 Hahnemann Trail, Pittsford, NY 14534

Legacy at Grande'Vie

(585) 441-6209

2140 Five Mile Line Rd., Penfield, NY 14526

LeRoy Village Green

(585) 768-2561

10 Munson Street, LeRoy, NY 14482

Lifespan - NYS Caregiving & Respite Coalition

(585) 244-8400

1900 South Clinton Avenue, Rochester, NY 14618

Lifetime Assistance, Inc.

(585) 426-4120 x3100
425 Paul Rd., Rochester, NY 14624

Living Center at Geneva - North

(315) 787-4733
75 Mason Street, Geneva, NY 14456

M.M. Ewing Continuing Care Center

(585) 396-6040
350 Parrish Street, Canandaigua, NY 14424

Maplewood Nursing and Rehabilitation

(585) 872-1800
100 Daniel Drive, Webster, NY 14580

Quail Summit

(585) 396-1010
5102 Parrish Street Extension
Canandaigua, NY 14424

The Gables of Brighton

(585) 461-1880
2001 Clinton Avenue South, Rochester, NY 14618

The Glen Assisted Living at Cherry Ridge

(585) 697-6700
900 Cherry Ridge Boulevard, Webster, NY 14580

The Highlands at Pittsford

(585) 586-7600 x280
100 Hahnemann Trail, Pittsford, NY 14534

The Homestead★

(585) 235-9100
256 Thurston Road, Rochester, NY 14619

Westwood Commons

(585) 293-2060
50 Union Square Boulevard, N. Chili, NY 14514

Wolk Manor

(585) 341-2307
4000 Summit Circle, Rochester, NY 14618

Woodcrest Commons

(585) 334-1800
4455 W. Henrietta Road, Henrietta, NY 14467

Home-based Respite Providers**Assisting Angels Senior Care★**

(585) 329-4476
P.O. Box 445, Getzville, NY 14608

Blossom: Modern Home Care Solutions of Western New York

(585) 546-1600
70 Carlson Road, Rochester, NY 14610

CareGivers Home Care

(585) 394-6090
5297 Parkside Drive, Canandaigua, NY 14424

ComForCare Home Care

(585) 381-5439
3380 Monroe Ave., Suite 116, Rochester, NY 14618

Comfort Keepers Home Care Pittsford

(585) 249-0100
1163 Pittsford Victor Road, Suite 215
Pittsford, NY 14534

Comfort Keepers Home Care Rochester

(585) 249-0100
1401 Stone Rd. Suite 302, Rochester, NY 14615

Crane Home Care★

(585) 540-3540
210 South Avenue, Suite 120, Rochester, NY 14604

Epilepsy-Pralid, Inc.★

(585) 442-4430
1650 South Ave, Suite 300, Rochester, NY 14620

Happier At Home East

(585) 633-5555
153 N. Main St., Fairport, NY 14450

Happier at Home West

(585) 633-2060
153 N. Main Street, Fairport, NY 14450

Lifespan - NYS Caregiving & Respite Coalition

(585) 244-8400
1900 South Clinton Avenue, Rochester, NY 14618

No Place Like Home Senior Care

(585) 334-0085
3159 South Winton Road, Suite 108
Rochester, NY 14623

Tender Loving Family Care Senior Care at Garden View

(585) 502-5025
124 East Main Street, LeRoy, NY 14482

Tender Loving Family Care, Inc.

(585) 637-0333
2956 St. Paul Blvd., Rochester, NY 14617

Touching Hearts at Home

(585) 271-7390
3495 Winton Place, Building E, Suite 120
Rochester, NY 14623

Senior Community Centers & Social Activities

Senior centers, community centers, and social activities which offer educational, social, or health programs specifically for older adults. Some may include a low-cost meal program.

Brighton Senior Center

(585) 784-5266
Brookside Community Center, 220 Idlewood Road,
Rochester, NY 14618

Centro de Oro Senior Center★

(585) 256-8900 x123
485 North Clinton Avenue, Rochester, NY 14605

Charles Settlement House★

(585) 277-0813
71 Parkway, Rochester, NY 14608

Charlotte Community Association, Inc.

(585) 865-6101
P.O. Box 12768, Rochester, NY 14612

Chili Senior Center

(585) 889-4680
3237 Chili Avenue, Rochester, NY 14624

Community Place of Greater Rochester Aging Services★

(585) 288-0021
145 Parsells Avenue, Rochester, NY 14609

Gates Senior Center

(585) 247-6100
1605 Buffalo Road, Rochester, NY 14624

Greece Community & Senior Center

(585) 723-2425
3 Vince Tofany Boulevard, Greece, NY 14612

Hamlin Senior Citizen Group

(585) 781-4063
1658 Lake Road, Hamlin, NY 14464

Henrietta Senior Center

(585) 334-4030
515 Calkins Road, Henrietta, NY 14467

Hickok Center for Brain Injury, Inc.

(585) 271-8640
2320 Brighton Henrietta Town Line Rd, Suite 400 &
500, Rochester, NY 14623

Hilton-Parma Senior Center

(585) 392-9030
59 Henry Street, Hilton, NY 14468

Irondequoit Senior Center

(585) 336-6078
450 Skyview Centre Parkway, Rochester, NY 14622

Jean Daniels Senior Citizens Center East Rochester

(585) 385-3643
317 Main St., East Rochester, NY 14445

Lifespan 55+ Wellness Center at the JCC

(585) 461-2000
1200 Edgewood Avenue, Rochester, NY 14618

Livingston County Office for the Aging

(585) 243-7520
3 Murray Hill Drive, Mt. Morris, NY 14510

Louis S. Wolk Jewish Community Center

(585) 461-2000
1200 Edgewood Avenue, Rochester, NY 14618

MARC of Baden Street★

(585) 325-4910 x1133
86 Vienna Street, Rochester, NY 14605

Monroe County Senior Centers★

(585) 753-6280
435 East Henrietta Road, Rochester, NY 14620

Ogden Senior Center

(585) 352-3250
200 S. Union Street, Spencerport, NY 14559

Penfield Parks & Recreation

(585) 377-8655
1985 Baird Rd, Penfield, NY 14526

Pittsford Senior Center

(585) 248-6235
35 Lincoln Avenue, Pittsford, NY 14534

Rainbow Seniors ROC

(585) 910-9886
PO Box 24156, Rochester, NY 14624

Rush Senior Citizens

(585) 533-2340
5977 East Henrietta Road, Rush, NY 14543

**S.W.A.N. Inc. at Montgomery
Neighborhood Center★**

(585) 436-3090
10 Cady Street, Rochester, NY 14608

Town of Perinton 55+ Program

(585) 223-5050
1350 Turk Hill Road, Fairport, NY 14450

Urban League of Rochester★

(585) 325-6530
265 N. Clinton Avenue, Rochester, NY 14605

Webster Senior Center

(585) 872-7102
1350 Chiyoda Drive, Webster, NY 14580

Wheatland Senior Center

(585) 889-1284
22 Main Street, Scottsville, NY 14546

Also see area YMCA listings in the Fitness Centers section of Health Services, Community-based.

Senior Real Estate Agents

Realtor Estate Agents that identify themselves as specializing in helping older adults with buying or selling their homes. Some Realtors have an additional certification as being a Seniors Real Estate Specialists or SRES.

Carolyn Stiffler, REALTOR @ REMAX PLUS

(585) 732-0428
2850 West Ridge Rd, Rochester, NY 14626

Dennis Shew at Empire Realty Group

(585) 613-1600
2112 Empire Blvd, Webster, NY 14580

Empire Realty Group/Living In Place Institute/ Suite Artistry

(585) 347-4900
2112 Empire Boulevard, Webster, NY 14580

Erica Walther @ Keller Williams Realty Greater Rochester

(585) 266-5941
2000 Winton Road South, Bldg. 1, Suite 201
Rochester, NY 14618

Karen Menachof at Howard Hanna & Caring Transitions

(585) 770-4404
357 Pelham Rd, Rochester, NY 14610

Keller Williams - The Dawn Nowak Team

(585) 317-7749
2000 S Winton Rd, Rochester, NY 14618

Keller Williams Realty Gateway

(585) 749-7996
1880 Rochester Road, Suite 200
Canandaigua, NY 14424

Laurie Saffran with RE/MAX Realty Group

(585) 704-6013
10 Grove Street, Pittsford, NY 14534

Mary St.George, Realtor

(315) 719-8377
298 Lake St., Penn Yan, NY 14527

Platinum Properties & Asset Management

(585) 458-4250
1430 Lake Ave., Rochester, NY 14615

ReMax Plus - Laura DuMont

(585) 623-1591
2171 Monroe Avenue, Rochester, NY 14618

Rita Pettinaro - Keller Williams

(585) 261-2096
2000 Winton Road South, Rochester, NY 14618

Tammy Lee Hall @ Empire Realty Group

(585) 305-2785
3300 Monroe Avenue #315, Pittsford, NY 14618

Upstate Home Buyer

(585) 402-2985
PO Box 10003, Rochester, NY 14610

Your Roc Home Real Estate @ Keller Williams GR

(585) 752-0350
2000 Winton Road South, Suite 201
Rochester, NY 14618

Senior Related Media

55 Plus Magazine

(585) 750-7051
PO Box 525, Victor, NY 14564

AARP★

(585) 760-5450
435 E. Henrietta Rd., Rochester, NY 14620

Catholic Courier

(585) 529-9530
1150 Buffalo Road, Rochester, NY 14624

In Good Health Magazine

(585) 421-8109
PO Box 525, Victor, NY 14564

ROC Vox Recording and Production/Legacy Cast

(585) 200-4832
640 Kreag Road, Suite 103, Pittsford, NY 14534

Seniors Rock Radio Show

(585) 730-8071

Susan LeDoux - Writer/Author/ Retired Community Health Nurse

(585) 723-0413
18 Northampton Circle, Rochester, NY 14612

Senior Volunteer Opportunities

Volunteer opportunities specifically for those 55 and older.

AARP★

(585) 760-5450
435 E. Henrietta Rd., Rochester, NY 14620

Alzheimer's Association Rochester and Finger Lakes Region

(800) 272-3900
200 Meridian Centre Blvd, Suite 110
Rochester, NY 14618

American Red Cross, Greater Rochester Chapter

(585) 241-4400
825 John St., West Henrietta, NY 14586

Bri Pen Senior Rides

(585) 340-8674
1985 Baird Road, Penfield, NY 14526

Brighton Memorial Library

(585) 784-5300
2300 Elmwood Ave., Rochester, NY 14618

Catholic Charities Family & Community Services★

(585) 546-7220
79 North Clinton, Rochester, NY 14604

Church Women United

(585) 362-2089
644 Titus Avenue, Rochester, NY 14617

Community Place of Greater Rochester Aging Services★

(585) 288-0021
145 Parsells Avenue, Rochester, NY 14609

Elder Justice Committee of Metro Justice★

(585) 397-3537
389 Gregory Street, Rochester, NY 14620

Gates Senior Center

(585) 247-6100
1605 Buffalo Road, Rochester, NY 14624

Generation Two★

(315) 520-5064
1000 Elmwood Ave, Door 2, Rochester, NY 14620

Ibero-American Action League, Inc.★

(585) 256-8900
817 East Main Street, Rochester, NY 14605

Lifespan - AmeriCorps Senior

(585) 244-8400
1900 S Clinton Avenue, Rochester, NY 14618

Lifespan Older Adult Centers★

(585) 244-8400
1900 South Clinton Avenue, Rochester, NY 14604

Lollypop Farm, Humane Society of Greater Rochester

(585) 223-1330
99 Victor Road, Fairport, NY 14450

National Council of Jewish Women, Greater Rochester Section

P.O. Box 92444, Rochester, NY 14692

Pittsford Senior Center

(585) 248-6235
35 Lincoln Avenue, Pittsford, NY 14534

S.W.A.N. Inc. at Montgomery Neighborhood Center★

(585) 436-3090
10 Cady Street, Rochester, NY 14608

SCORE - Counselors to America's Small Business★

(585) 263-6473
100 State Street, Room 410 Keating Federal Building,
Rochester, NY 14614

Volunteer United★

(585) 242-6404
75 College Ave., Rochester, NY 14607

Technology Assistance

CapTel
(800) 233-9130

CaptionCall
(877) 557-2227

ClearCaptions
(716) 381-7624
3001 Lava Ridge Ct., Suite 100, Roseville, CA 95661

Daniel Teaches★
(585) 902-8450
32 Palisade Park, Rochester, NY 14620

**Practical Home and Independent Living Services:
PHILServices**
(585) 455-0322
25 East Avenue, Fairport, NY 14450

Senior Tech
(315) 986-9977
1342 Harwood Lane, Macedon, NY 14502

**SUNY ATTAIN (Advanced Technology Training and
Information Networking)★**
(585) 327-4012
161 Chestnut Street, Rochester, NY 14604

The Tech Guy
(585) 739-1660

Transportation Providers

Paid Transportation Providers

Able Services Transportation
(585) 944-8305
2507 Browncroft Blvd., Rochester, NY 14625

Assisting Angels Senior Care★
(585) 329-4476
P.O. Box 445, Getzville, NY 14608

Bri Pen Senior Rides
(585) 340-8674
1985 Baird Road, Penfield, NY 14526

Canandaigua VA Medical Center
(585) 394-2000
400 Fort Hill Avenue, Canandaigua, NY 14424

**Catholic Charities Family & Community Services -
STAR (Support to Aging Residents)★**
(585) 262-7050
79 North Clinton, Aging Services
Rochester, NY 14604

Choice One Transportation
(585) 755-5900

City East Transportation★
(585) 266-6570
124 Evergreen Street, Rochester, NY 14605

Community First Care Organization★
(585) 441-9214
229 Empire Blvd., Rochester, NY 14609

Dependable Medical Transportation★
(585) 484-0000
545 West Avenue, Rochester, NY 14611

Elderberry Express
(585) 248-6237
35 Lincoln Avenue, Pittsford, NY 14534

Errands and Extras for Elders, LLC
(585) 314-0912
492 Bangs Road, Churchville, NY 14428

Everyday Hands, Inc.
(585) 270-0710
P.O. Box 17248, Rochester, NY 14617

Fairport Baptist Homes Senior Options for Independence (SOFI) Transportation
(585) 377-8117
4646 Nine Mile Point Road, Fairport, NY 14450

FISH (Friends in Service Here), Greece
(585) 453-2370
42 Marble Drive, Rochester, NY 14615

FISH, HF-L, Mendon, West Bloomfield and Lima
(585) 624-8388
37 Cheese Factory Road, Honeoye Falls, NY 14472

FISH/RHAFT, Inc. (Rush/Henrietta)
(585) 453-2370
P.O. Box 302, Henrietta, NY 14467

Genesee Transportation, Inc.★
(585) 256-1510
355 Portland Ave., Rochester, NY 14605

GoGo Grandparent
(855) 464-6872

Happier At Home East
(585) 633-5555
153 N. Main St., Fairport, NY 14450

Happier at Home West
(585) 633-2060
153 N. Main Street, Fairport, NY 14450

Home Care of Western New York, LLC
(585) 729-7078
23 Parker Street, Fairport, NY 14450

Lifespan - Mobility Management Services
(585) 244-8400 x211
1900 South Clinton Avenue, Rochester, NY 14618

Lyft
(855) 865-9553

Marge's Trolley
(585) 663-3541
171 A Demeter Drive, Rochester, NY 14626

MediCab★
(585) 342-7150
1449 Hudson Avenue, Rochester, NY 14621

Medical Motor Service of Rochester and Monroe County, Inc.★
(585) 654-7030
608 South Clinton Ave, Rochester, NY 14620

Monroe Ambulance★
(585) 232-9000
1669 Lyell Ave, Rochester, NY 14606

National Kidney Foundation of Upstate & Western New York, Inc.★
(585) 598-3963
1344 University Ave, Suite 270, Rochester, NY 14607

No Place Like Home Senior Care
(585) 334-0085
3159 South Winton Road, Suite 108
Rochester, NY 14623

Regional Transit Service/RTS Access
(585) 224-8330
588 Trabold Street, Rochester, NY 14624

Scrubs on Call, LLC
(585) 905-0002
3678 State Rt. 5 & 20, P.O. Box 738
Canandaigua, NY 14424

Touching Hearts at Home
(585) 271-7390
3495 Winton Place, Building E, Suite 120
Rochester, NY 14623

WASPS - Webster Association of Senior Program Supporters
(585) 216-7829
1350 Chiyoda Drive, Webster, NY 14580

Volunteer Transportation Providers

DOVE Ministries
(585) 880-1946
840 Holt Road, Webster, NY 14580

Utilities and Energy Assistance

Action for a Better Community (ABC)★

(585) 325-5116

917 East Main Street, Rochester, NY 14605

Lifespan - Home Energy Assistance Program (HEAP)

(585) 244-8400 x102

1900 South Clinton Avenue, Rochester, NY 14618

Monroe County HEAP★

(585) 753-6477

111 Westfall Road, Rochester, NY 14620

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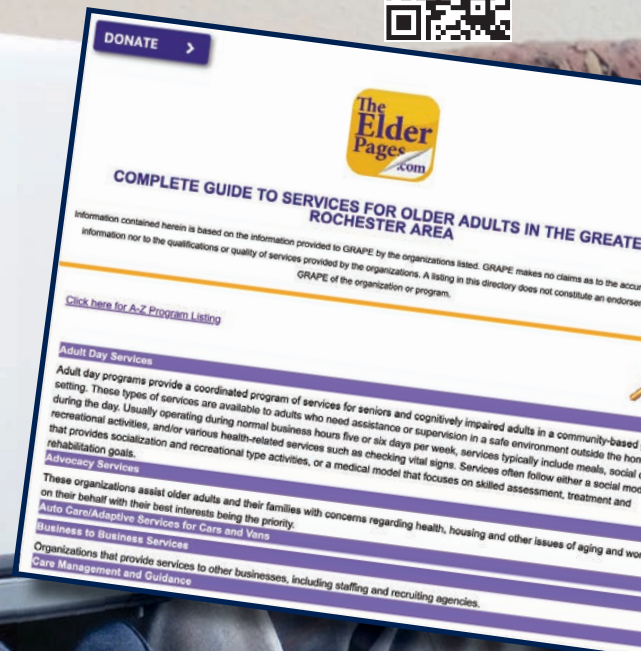
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National Council of Jewish Women
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